



Happenings at Emanuel!

Saturday, May 6—Craft Inn

Sunday, May 7—Diabetic Education: Let's Talk Carbs

Tuesday, May 9—ROMEO's (and Friends) Meet

Sunday, May 14—Mother's Day

Monday, May 15—Saturday, May 20—Work Week

Monday, May 15—Church Council Meeting

Sunday, May 21—Blood Pressure Checks, Last Day of Sunday School

*Tai Chi each **Monday** and **Thursday** morning at 10 a.m. in the upstairs Youth Center*

*Bible Study each **Thursday** at 9:30 a.m. in the upstairs conference room*

Mission
Statement:
Forgiven
by Grace,
Serving by
Faith

Vision
Statement:
To Grow in
Faith, Love,
and Spirit



Linda Martens, Connie Solon and Darlene Jeppesen brought their own "construction" projects to worship on Holy Humor Sunday. The theme for the day was "Under Construction." As a side note, Matt Parrone use his own construction skills to make Darlene's sewing cabinet shown in the picture.

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A Post from the Pastor

BY PASTOR CARA KNUTSON



How many of you remember this one:

*Know ye not, know ye not ye are the temple
Know ye not, know ye not ye are the temple
Know ye not, know ye not ye are the temple
Ye are the temple of the Holy Ghost (From 1 Cor. 3:16)*

I've been reflecting on this passage quite a bit with everything going on with my knee and all my doctors appointments, physical therapy, specialist appointments, surgery consultations...more on that in a minute. We have been given these amazing gifts that are our bodies. We read in the Old Testament of the tabernacle that traveled with Israel through the wilderness. Later we read of Solomon building the Temple which was destroyed finally in 70 AD. Now in 1 Corinthians the Holy Spirit dwells within each of us. We are the house of God. What a wonderful privilege and responsibility!

Yet, I, like many others, haven't always taken the best care of God's temple. I've underwatered and overfed it, didn't take it out for a walk often enough, ignored signs and signals of trouble ahead until I finally had to pay attention. What an expensive lesson in all sorts of ways!

The saga of the knee continues. I'm really wanting to skip ahead and read the final chapter—this story is getting way to long! I met with the orthopedic surgeon at Ortho Nebraska who advised a cortisone shot and waiting to see if that would do the trick. If I still have lots of pain and problems with it I can always schedule the surgery at a later time. It would be a scope, done in the office and home that same day. I'd be able to bear weight on it right away and could be back to work in a couple of days. I also met with a rheumatologist. No psoratic arthritis—just the regular kind and she got me hooked up with aquatic PT at the Y.

I also met with a nutritionist. I've taken off some weight and managed to keep it off, but have stalled out. We now have a plan in place where I'll be not only tracking my calories but also carbs, protein, fat, fiber and water intake. No extra calories for exercise but I may burn more and lose more. Plus exercise is just plain good for my body and especially my joints. I've missed my workouts at Planet Fitness and am happy to be able to go back again.

Talking with the nutritionist gave me a whole new perspective on how amazing bodies are and how what we eat impacts and effects our whole system. Eat the wrong things, insulin gets out of whack. Eat a carb and your blood sugar increases. But if you eat a protein with a carb it helps balance out the blood sugar and can help prevent a spike. Do you know that keeping hydrated can increase your energy levels? I thought I was feeling depressed even though I haven't really felt sad—in fact this is a really happy time in my life. As an experiment I drank my water goal and it was amazing. I didn't need an afternoon nap, slept well, and woke up feeling refreshed and energized. I hadn't felt that way in I don't know how long.

Our bodies, and our spirit, our minds, and our hearts are all interconnected. Not only is the personal political but the physical is also spiritual, emotional, and mental. As you make changes in one the others follow. What an awesome Creator we have to make us such beautiful people!

See you in church!

Pastor Cara

Welcome
New Members

Angela Wolfe & Kali Salda were baptized and joined Emanuel on April 09, 2023.

Jordyn Schaal was also baptized on April 09, 2023. Jordyn is the sister of Kajanie Schaal and the daughter of Dani & Jesse Schaal.

	MAKERS - CRAFTERS - CREATORS
	SAVE THE DATE SATURDAY MAY 20, 2023 9 AM - 3 PM Get registration details at events@habitatCB.org !



Our annual Easter Egg Hunt had about 35 participants. While it took awhile to spread the eggs out on the lawn and in hiding spots, the kids had gather all of them up in about five minutes. Thank you to everyone who provided candy and toys for the eggs, as well as our egg fillers who helped at the lock-in (picture of them on page 9).



Students who would like to attend Sunday school will leave the Sunday worship service after the Gospel reading to go to the classroom for lessons, projects and songs with Stephen Lewis & Lori Lynn Ahrends.

Training for Youth Ministry

April 14-15, Stephen & Michaela Lewis, Lori Lynn Ahrends and Janet Perrone all attended a youth ministry training in Omaha. The Training was called "Gather at the Well" and covered a variety of topics and connected us with other youth ministry leaders in the region. The training was sponsored by Ministry Leadership Initiative, which also sponsored the training Steve and Michaela attended last fall.



One of the things we talked about is how things that worked for families and children 60, 40 even 20 years ago, aren't always a good fit for families today. Sometimes finding the best options will take some trial and error, and changing the way we think about children and youth ministry.

Topics at the training included:

- Pioneering a New Youth Ministry
- Reach One More – How Everyday Conversations Can Open the Door to the Gospel
- Retooling and Crafting Curriculum for Your Ministry
- Framing the Future in Your Ministry
- Dungeons, Dragons, and Dodgeball
- Capturing the Butterfly Effect in Your Ministry – Change that Lasts
- Introducing Young People to a Call to Ministry
- Campus Ministry Showcase Showdown
- Incubating Leadership: From Timid to Tenacious Teens
- Engaging Young People with Multiple Intelligences and Making Learning Fun
- Plus, a forum on Mental Health with Young People with a panel of professionals

We are excited to applying a lot of these ideas and practices to our ministry here at Emanuel! If you have ideas or would like to help, please contact Steve at youth@emanuel.org.

May 7

Fruit of the Spirit
The Woman at the Well
 John 4:1-42; Galatians 5:22-23
God's love is for everyone.

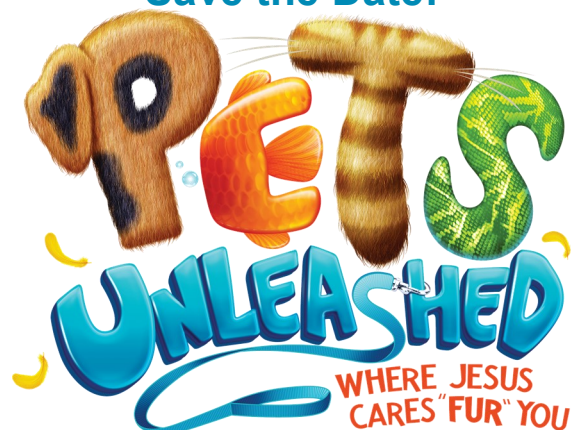
May 14

Celebrating Mothers
Happy Mother's Day!
 Luke 1:42

May 21

Celebrating Friends & Faith
Last Day of Sunday School

Save the Date!



Tentative Dates:
July 21-22

Happy Mother's Day!

Mother's Day is a time to celebrate and empower all the strong, loving women in your life. At LSI, we provide mothers, and soon-to-be mothers, with the education and resources they need to build the brightest future for their children.



LSI's Foster Care and Adoption Services work to bring families together and to help them throughout the process of becoming licensed for foster care and approved for adoption. Our Family Centered Services uses a strengths-based approach to keep Iowa families together by equipping parents with skills they need to be successful, independent and healthy.

As you celebrate Mother's Day this year, remember that your support helps empower Iowa moms. If you are looking for a way to help these moms, or to honor a mother in your life this year, please consider making a gift in her name to LSI. For more information, please contact Deb Whitford, LSI's Senior Director of Philanthropy and Church Relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and facebook.com/LSI.iowa.

Staying Connected to your Roots



LSI Foster Care and Adoption is proud to be part of the Native Families for Native Children (NF4NC) project, which is a collaborative effort between the four native tribes of Nebraska, human services agencies and private agency partners in Nebraska and Iowa. As part of the project's efforts, we recruit, train, license and support Native American families in accord with the traditions, needs and resources of their communities.

Rebecca and Kirby expanded their family when they adopted their son in January. The couple had the opportunity to work with the Omaha Tribe and were able to participate in the second Customary Adoption in the State of Iowa.

Through their Customary Adoption, the family completed a culture plan with the tribe and will be able to keep their newly adopted son connected to his cultural roots with the Omaha Tribe. The new family also was able to keep their son connected to his biological siblings, so he can continue to be involved with them.

LSI is proud to help connect families, like Rebecca and Kirby, with the resources they need to continue to grow their families and build the brightest future for Iowa children.

TABLE GRACE CAFE

Nourishing Hungry Bodies and Souls

New Hours Breakfast & Lunch
Mon, Tues, Thur, Fri, Sat from 7-2
Closed: Wed/Sun

Specialty Coffee, Pastries, Bagels, Pizza, Soup, Salad
Daily Specials No Set Prices

1611 1/2 Farnam St
Omaha, NE 68102-2113

Table Grace Ministries is an Omaha based non-profit that seeks to increase the number of people served with its "pay"-what-you-can model, job-training, and community fellowship

Find out more at www.tablegracecafe.com/

Help Needed!

Instead of having a work day this spring, Char Les and the property team are organizing a workweek to help repair or clean up things that are



Spring Workweek

in need of attention around the church. This will be May 15—May 20. Please talk to Char Les about tasks that you can help with.



Making A Difference

April was national volunteer month. There is a great need for your time and skills for doing God's work in the world. Everywhere you look, there are opportunities to share God's love and serve our neighbor. This is work we do together in the name of Jesus Christ here and throughout the world through the ELCA and its partners. Below are opportunities to help you find an opportunity that matches your interests, gifts and available time.

Hospice Volunteers

AseraCare Hospice needs volunteers in the area to provide support to their terminally ill patients and their families. Volunteers can visit, read to the patient, participate in a favorite activity, or simply sit alongside them in their journey. Volunteers are a vital part of their hospice care mission. Volunteers are provided with extensive training and continued support throughout their tenure. To sign-up or find out more about this or other opportunities, please contact Jen Vogt, Regional Volunteer coordinator at (402) 943-6871 or Jennifer.vogt@amedisys.com. You can also apply online at <http://bttr.im/1ld4o>.

Sequels

We are looking for folks to cook soup for Wednesday or Friday's each week. They serve between 24-30 people each day. The meals begins at 11:30 a.m. It works best if two people take on the same day. Wednesday and Friday are days that there isn't much food. Ideas for food are soup, crackers, casseroles, sandwiches for colder weather. Summer garden produce is appreciated. Hy-Vee and Panera Bread often donate bread. Canned soups with flip top that they can use in emergency. You do not have to serve the food. It works best if you do NOT leave your container to be picked up later. Please contact: Pastor Cara, Jan Husmann, Darlene Jeppesen, Connie Solon, John Spilde, or Suzanne Winter for more information or how to get involved.

Food Pantry

Our Savior's offers food assistance through their pantry each Thursday night and is looking at adding another evening to help meet the needs of the community. In addition, they also provide a mobile food pantry that goes to several locations in the metro area. If you would like to help with this important resource in the community, contact foodpantry@oursaviorscb.org. You can also always donate on their website or bring items to put in the shelf at Emanuel and they will be taken to the Pantry.

Serving the Homeless

In 2022, 916 volunteers gave 4,742 hours of service to New Visions. Did you know that the calculated financial value of a volunteer hour is currently \$29.95? That means in 2022, their volunteers provided over \$142,000 in value towards the work of providing help, hope, and opportunity for those experiencing hunger and homelessness in the area. They actually have a location in Council Bluffs, and one in Omaha. They are always in need of volunteers to help serve meals. You can contact their volunteer coordinator at (712) 256-3940 or sign-up to serve meals at <https://signup.com/go/newvisions>.



Nationally

Help provide disaster relief or serve on an outdoor ministry staff – there are a wealth of volunteer opportunities across the country.

- **ELCA-affiliated camps and retreat centers** across the United States depend on volunteer and paid staff to provide experiences for children, youth and adults throughout the year.
- **Lutheran social ministry organizations** offer opportunities for service in communities across the nation through **Lutheran Services in America**.
- **Mission Builders** donate their time and technical know-how to help with construction of new church buildings.

Long-term opportunities in the U.S.

Looking for something longer and more in-depth? Some domestic volunteer opportunities are a few months to a year or longer.

- **Holden Village** utilizes over 400 volunteer staff each year as a Lutheran center for renewal in the Cascade Mountains of Washington state.
- **Lutheran Volunteer Corps** offers one-year, full-time volunteer experiences of community, social justice and simple living in cities from the East Coast to the West Coast.
- **Urban Servant Corps** in Denver offers one-year, full-time experiences for volunteers to live in community while serving at nonprofit organizations that work with low-income and at-risk populations.

Around the world

Paid and volunteer mission opportunities through ELCA Global Mission are available all over the world for periods of a couple months up to several years.

- Learn about **accompaniment**, how we walk and work among Christian communities in other countries.
- Spend time in **self-reflection**, and seek God's guidance.
- Search for **ELCA Global Mission service opportunities**
- Learn about the **Young Adults in Global Mission (YAGM)**

This Month's
ACTIVITIES
 At Emanuel Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30 am—10:30 am Worship with Holy Communion and Sunday School 10:30 am Coffee Hour	1 10 am Tai Chi	2 5:30 pm Girl Scouts in Community Room	3 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	4 9:30 am Adult Bible Study 10 am Tai Chi	5	6 10 am Craft Inn 
7 9:30 am—10:30 am Worship with Holy Communion and Sunday School 10:30 am Coffee Hour 10:30 am "Let's Talk Carbs" Diabetic Education with Crystal 	8 10 am Tai Chi	9 8:30 am ROMEO's (& Friends) meet @ Village Inn <u>West</u>) 5:30 pm Girl Scouts in Community Room	10 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	11 9:30 am Adult Bible Study 10 am Tai Chi	12	13
14 Joyful Noise 9:30 am—10:30 am Worship with Holy Communion and Sunday School 10:30 am Coffee Hour 	15 Work Week 9 am Cookie Crumbs Sort- ing 10 am Tai Chi 7 pm Church Council Meeting 	16 Work Week 9 am Cookie Crumbs Pack- ing 5:30 pm Girl Scouts in Community Room	17 Work Week 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 	18 Work Week 9:30 am Adult Bible Study 10 am Tai Chi	19 Work Week	20 Work Week
21 9:30 am—10:30 am Worship with Holy Communion and Sunday School 10:30 am Coffee Hour & Blood Pressure Checks with Crystal 	22 10 am Tai Chi	23 5:30 pm Girl Scouts in Community Room 6 pm SCA Meeting Upstairs	24 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	25 9:30 am Adult Bible Study 10 am Tai Chi	26	27
28 9:30 am—10:30 am Worship with Holy Communion and Sunday School 10:30 am Coffee Hour	29 10 am Tai Chi	30 5:30 pm Girl Scouts in Community Room	31 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	1 9:30 am Adult Bible Study 10 am Tai Chi	2	3 10 am Craft Inn 

Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)

Sunday, May 7	9:30 a.m. Service
Ushers	Al Martens & Sid Dillion
Acolyte	Mason Lewis
Lector	
Altar Guild	
Communion Assistant	Mason Lewis
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, May 14	9:30 a.m. Service
Ushers	Al Martens & Sid Dillion
Acolyte	Garrett & Gabe Ashcraft
Lector	
Altar Guild	
Communion Assistant	Garrett & Gabe Ashcraft
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, May 21	9:30 a.m. Service
Ushers	Al Martens & Sid Dillion
Acolyte	Grace & Tayah Nixt
Lector	
Altar Guild	
Communion Assistant	Grace & Tayah Nixt
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, May 28	9:30 a.m. Service
Ushers	Al Martens & Sid Dillion
Acolyte	Alex & Gabe VanSickle
Lector	
Altar Guild	
Communion Assistant	Alex & Gabe VanSickle
Visual Tech	
Sound Tech	
LiveStream Tech	
Coffee Hour	



HEART-SHAPED breakfast



Treat Mom with this yummy, beautiful yogurt parfait.



What you need:

- Large heart-shaped cookie cutter
- Greek yogurt (any flavor)
- Toppings (mini chocolate chips, granola, shredded coconut, chia seeds, oats, slivered almonds, blueberries, sliced strawberries, raspberries, bananas)
- 2 teaspoons maple syrup

What you do:

1. Place cookie cutter on a plate. Spoon in yogurt, spreading it to the edges of the cookie cutter.
2. Add toppings, making a nice design. Remove cookie cutter.
3. Drizzle syrup around the edge of the plate.
4. Serve to your mom on Mother's Day!

We need YOUR help!

We would love to have you help with worship! Please contact the church office at (712) 323-9665, office@emanuelcb.org or sign-up on our website at: www.emanuelcb.org



THIS MONTH'S
birthdays

May 01
Carly Sorensen

May 12
Chris Sorensen

May 23
Desirée Snell

May 02
Abaigeal Plummer

May 13
Richard Reed

May 25
Jennifer Clark
Tiffany Pace

May 06
Anna Luther

May 14
Christi Hauschild

May 26
Ryan Wilson

May 09
Kyle Nordstrom
Matt Solon

May 19
Mike Loos

May 27
Jennifer Plummer
Rick Stone

May 10
Alexander Bradshaw
Riley Maxwell
Chris Nixt

May 20
Kenna Hite

May 30
Brad Dahlke
Debbie Ferguson

May 22
Garrett Smith



THIS MONTH'S
anniversaries

May 03
Gary & Judy Pleas

May 11
John & Glenda Smith II

May 28
Edward & Clarissa Haats

May 07
Chris & Crystal Nixt

May 19
Richard & Darlene Reed

May 29
David & Linda Fietz

May 08
Cheryl & Gary Rowe

May 22
Stephen and Michaela Lewis

May 30
Ron & Norma Stairs

If we've missed a birthday or anniversary, we apologize. Please let the church office know!
 Contact Michaela at (712) 323-9665 or office@emanuelcb.org



We had some great helpers to fill Easter Eggs at the lock-in on Maundy Thursday. They filled over 450 eggs! We had about 35 kids at Emanuel on Easter Sunday for the Easter Egg Hunt.

Easter at Emanuel

BY DEANN OVER

Thank you for your wonderful support of our children and youth sponsored activities during the Lenten and Easter season. Special thanks to:

- Everyone who donated, prepared, served and attended our two Lenten dinners and Easter breakfast hosted by Children's/Youth Ministries. .
- Michaela and Steve Lewis for organizing the Easter egg hunt and lock-in.
- Connie Solon and Jan Husmann for the beautiful tablescapes.

Your support, both monetarily and spiritually, will assist Emanuel's children and youth in furthering their faith journey with sponsorship to attend church Bible camps, ELCA Youth Gatherings and service through mission trips.



Council Highlights

RECORDED BY MIKE WINTER,
COUNCIL SECRETARY

Investments

Richard Reed reported that \$100,000 has been placed with US Bank in a CD at 4.35% interest. Cobalt is sending quarterly interest payments to the church that is being placed in savings at First Interstate Bank.

Sidewalk

Motion was made and approved to allow Matt Perrone to hire the bid to replace and repair sidewalk on east side of church for the total sum of \$6,250.

Sound System

Mike Hipnar reported that the sound system needs some minor upgrades at a cost of about \$775 for labor and \$420 to repair headsets. Motion made and approved the expenditure of up to \$2,000 for sound system upgrades.

Quilt Stand

Matt Perrone offered to build a stand to hold the quilts and expected the cost to be about \$100.

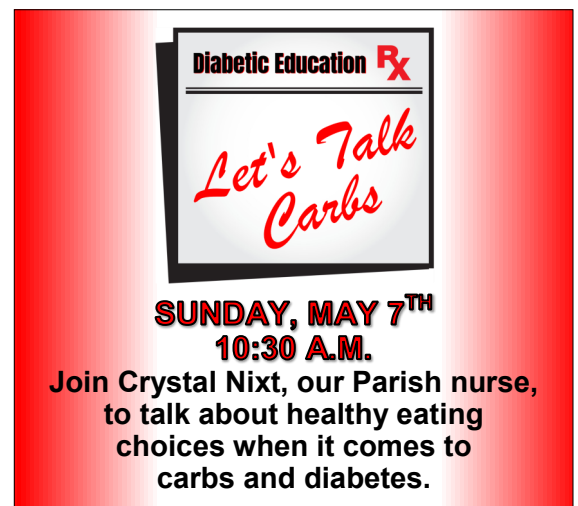
Garage Sale

The garage sale is set for August 19 and a discussion was held on whether or not the garage sale should be a two day event, Friday and Saturday.

For a full copy of council minutes, please contact the church office.



Let's Celebrate
Kylie Hansen
May 22, 2023 | 4-7 p.m.
Glory Days
106 W Broadway,
Council Bluffs, IA 51503



Diabetic Education Rx
Let's Talk Carbs
SUNDAY, MAY 7TH
10:30 A.M.
Join Crystal Nixt, our Parish nurse, to talk about healthy eating choices when it comes to carbs and diabetes.

Summer Camp for All Ages!

Lutheran Lakeside Camp is located in Spirit Lake, Iowa.

2023 SCHEDULE

Opportunities for Youth, Adults, Youth Groups, Mission Trips, and Congregations.

Week 1: June 11-16

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 Juniors 4th-6th
 Confirmation/Junior High 6th-9th
 Leadership & Service 10th-Graduate
 Mission Trip 10th-Adults

Week 2: June 18-23

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 Pride Week 7th-9th
 Pride Week 10th-Graduate
 Mission Trip 10th-Adults

Week 3: June 25-30

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 God's Little Sprouts (Mon-Th 9am-12pm) 3-5yrs
 Family Camp (Full or Half week) All Ages

Week 4: July 2-5

Entering Grades
Celebration Camp (Adults with varying abilities) Adults

Week 5: July 9-14

Entering Grades
Camp at a Glance (Wed 11am-7:30pm) K-5th Youth Group
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 Little Lakers (Sun 2:30pm-Tues 6:30pm) 2nd-4th
 Wilderness 4th-6th
 Night Owls 7th-9th
 Mission Trip 10th-Adults

Week 6: July 16-21

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 Juniors 4th-6th
 Confirmation/Junior High 6th-9th
 High School Adventures 10th-Graduate
 Mission Trip 10th-Adults

Week 7: July 23-28

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
 Juniors 4th-6th
 Confirmation/Junior High 6th-9th
 Sailing 10th-Graduate
 Mission Trip 10th-Adults

Week 8: July 30-Aug 4

Entering Grades
Onsite Adventures Day Camp (Mon-Th 8am-5:15pm) 1st-6th
Camp at a Glance (Wed 11am-7:30pm) K-5th Youth Group
 Little Lakers (Sun 2:30pm-Tues 6:30pm) 2nd-4th
 Juniors 4th-6th
 Confirmation 6th-9th
 Wilderness XL 7th-9th
 Creation Camp 10th-Graduate
 Mission Trip 10th-Adults

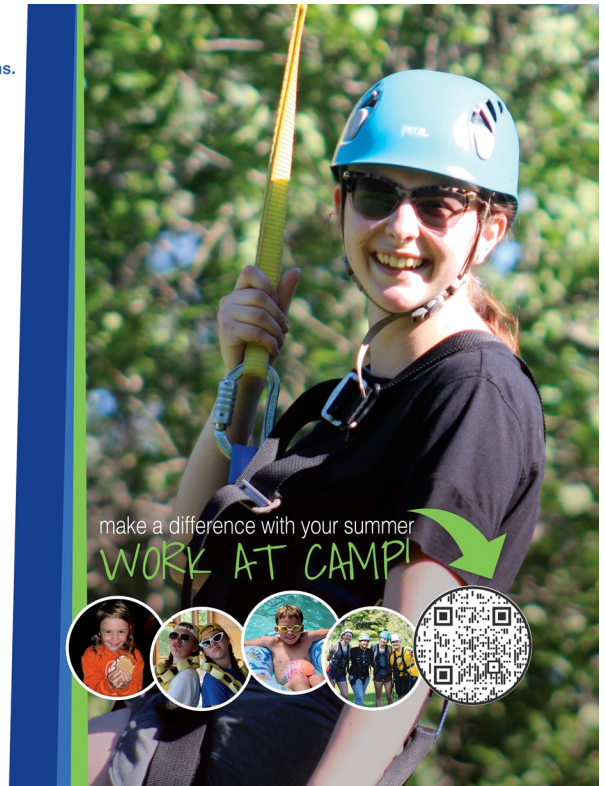
Summer Theme:

GOD'S WILDERNESS:
 Caring for Creation

For more information & registration visit www.lutheranlakeside.com

When done with this flier, please pass it on to someone new!

EMANUEL will help with 25% of camp cost for students in 1st-12th grade at Lakeside or Carol Joy Holling.
 An additional \$100 is available for first-time campers as well.



make a difference with your summer
WORK AT CAMP!



Carol Joy Holling Camp is located in Ashland, Nebraska.

2023 SCHEDULE
 Registration Now Open!

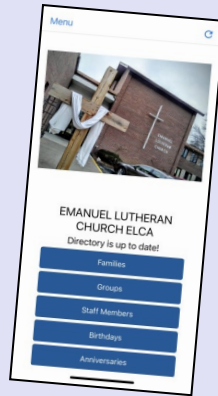
DATES	TRAILHEAD	THE GROVE	RANCH CAMP	THE SPRINGS	SENIOR HIGH	Ji:9 CAMP	OTHER PROGRAMS
Week 1 June 4-9	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th \$410		Adults Wed - Fri \$230	Taste of Camp Sun - Mon \$215
Week 2 June 11-16	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th \$410	9th-12th Whispering Winds • \$430	Youth Wed - Fri \$230	Taste of Camp Sun - Mon \$215
Week 3 June 18-23	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th \$410	9th-12th Whispering Winds • \$430	Adults Wed - Fri \$230	Taste of Camp Sun - Mon • \$215 1st-6th Day Camp Mon - Fri • \$200
Week 4 June 25-30	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th <i>Night Camp</i> \$410	9th-12th Road Trip Adventure Price TBD		Taste of Camp Sun - Mon • \$215 KINnect Camp formerly Grand Camp Wed - Fri • \$315
Week 5 July 5-7 (Mini Week)	1st-3rd & 4th-6th \$250	4th-6th \$250	6th-8th \$250			Adults \$230	
Week 6 July 9-14	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th \$410	9th-12th Whispering Winds • \$430		Taste of Camp Sun - Mon • \$215 KINnect Camp formerly Grand Camp Wed - Fri • \$315
Week 7 July 16-21	1st-3rd & 4th-6th \$430	4th-6th \$410	6th-8th \$430	6th-8th \$410	9th-12th Whispering Winds • \$430	Adults Wed - Fri \$230	Taste of Camp Sun - Mon • \$215 1st-6th Day Camp Mon - Fri • \$200
Week 8 July 23-27 (4-Day)	1st-3rd & 4th-6th \$350	4th-6th \$335	6th-8th \$350	6th-8th <i>Night Camp</i> \$335	9th-12th Backpacking Trip - 5-Days Price TBD		KINnect Camp formerly Grand Camp Sun - Tues • \$315



Deloris Christensen	Rita Epperson	Owen Hansen	Larry Hansen	Sharon Hansen
Norma Heath	Robert Hesseltine	Sawyer Lorenz	Norma Mass	Jane Meyer
Julie Powell	Tommy Schott	Doug Shapland	Ruth Sullivan	Bob Vergamini

Church Directory Update

Did you know we have a directory that is accessible to members on their phones or other electronic devices? We have had this for three years, but several people are unaware of it.



Download "Instant Church Directory" through the App Store or Google Play and sign-in with your email address. If you are unable to sign-in, let Michaela know so she can check your email in our system.

You are able to update your address and photo and add birthday and/or anniversary dates in the directory at any time. Right now if you have not uploaded a picture, there is one with a Bible Verse for that space. We would love to have as many pictures in the directory as possible.

If you would like a printed copy of the directory, please contact the church office. There are updates almost weekly, so the online one will be the most accurate.

The second Sunday of the month we have a "joyful noise" offering at the beginning of the service for local non-profits.

The May 14th offering will go to NAMI

The National Alliance on Mental Illness, is the nation's largest **grassroots mental health organization** dedicated to building better lives for the millions of Americans affected by mental illness.



ATTENDANCE & OFFERINGS



Week of:	In-Person Attendance:	Online Views:	Total Attendance:	Offerings:
April 02	67	249	316	\$3,606.00
April 09	253	59	312	\$7,087.22
April 16	40	N/A	40	\$20,451.00
April 23	48	21	69	\$861.00

Finance Team Update

Income & Expenses Monthly and YTD

March Income: \$7,754.50
 March Expense:..... \$15,104.76
 March Balance..... -\$7,350.26

YTD Income: \$43,415.50
 YTD Expense:..... \$46,166.37
 YTD Balance.....-\$2,750.87
 Plus Carryover \$3,245.82
 General Budget Fund.....-\$494.95



Emanuel Lutheran Church

2444 North Broadway
Council Bluffs, IA 51503-0499

RETURN SERVICE REQUESTED



Make the soul of
Your servant joyful,
For to You, Lord,

*I lift up
my soul.*

PSALM 86:4, NASB

**Mission Statement: Forgiven by Grace, Serving by Faith
Vision Statement: To Grow in Faith, Love, and Spirit**

Contact Us

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Council Bluffs, IA 51503-0499
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office@emanuelcb.org
Like us on facebook: facebook.com/emanuellutheranbia
Visit us on the web at: www.emanuelcb.org
Follow us on Twitter at: <https://twitter.com/Lutheranla>

Worship Services:

Sunday at 9:30 a.m. in the worship center followed by coffee hour in the community room. Services are streamed live on YouTube, Facebook & Twitter

Children's Ministry:

Children will be dismissed to Sunday School after the Gospel reading during the Sunday worship service (*September—May*)

Staff:

Pastor Cara Knutson (pastor@emanuelcb.org)
Director of Music Ministries, Cindy Richards (music@emanuelcb.org)
Parish Assistant, Michaela Lewis (office@emanuelcb.org)
Children & Youth Programming, Stephen Lewis (youth@emanuelcb.org)
Financial Secretary, Darlene Reed