

Garden of Readin'



Emanuel Lutheran Church Newsletter

February 2019

Happenings!

Friday, February 8—Potluck & Movie Night: “The House With a Clock in Its Walls”

Sunday, February 10—Confirmation

Monday, February 11—WELCA Bible Study

Friday, February 15—Help at Our Savior’s Food & Pet Food Pantry

Saturday, February 23 & Sunday, February 24—Table Tennis Tournament

Mission Statement:
Forgiven
by Grace,
Serving by
Faith

Vision Statement:
To Grow in
Faith, Love,
and Spirit



We had 24 students and seven adult volunteers at the middle school and high school lock-in over Christmas break!

In This Issue...

Periodic Pastoral Ponderings ..	2
Men’s Retreat	3
Lutheran Family Christmas Bags ..	3
Announcements	3
Winter Weather Policy	3
Birthdays & Anniversaries	4
Worship Assistants	5
Calendar	6
Care Package Thank Yous	7
Mental Health Awareness	7
Church Council Notes	8
Lutheran Services in Iowa	9
Pajama Party	10
Summer Camps	10
Offering & Attendance	10
Music Ministry	11
Finance Team Update	13



Periodic Pastoral Ponderings

(From a guy who likes alliteration a lot)

BY PASTOR LOWELL HENNIGS

Dear friends in Christ,

Jesus' disciples said to him, "*Lord, teach us how to pray.*" *That is often our request as well. During the season of Epiphany we talked about listening to Jesus. One of the main ways we do that is in prayer. However, many of us long for additional encouragement and training in prayer. So that will be the focus of our Lenten midweek services. There will be noon services both at noon and at 7 p.m. on Ash Wednesday, Maundy Thursday, and Good Friday. Other Lenten services will only be in the evenings.*

We will use Holden Evening Prayer as our liturgy for the midweek services. And here are the themes for each of those services.

- On Ash Wednesday, March 6, we will have worship both at noon and at 7 p.m. We will begin reflecting on "How Not to Pray." In Matthew 6, Jesus criticizes the ways in which people give alms, pray and fast. He begins each critique with the word "When." So it's not a questioning of whether we pray or not, but how we pray.
- On Wednesday, March 13, we will learn Martin Luther's "Simple Way to Pray." Luther wrote of this method in his book dedicated to his barber, Peter Beskendorf. We will learn the method and then practice it together.
- On Wednesday, March 20, we will learn a way to use Scripture as a basis for our prayer. This is called the "TRIP" method and comes to us from the Moravian community.
- On Wednesday, March 27, we will learn about and practice a prayer method called "Lectio Divina" or "Divine reading." In this method, we enter into deep reflection on just a word or two from a Bible passage to hear what the Holy Spirit might have to say to each of us.
- On Wednesday, April 3, we will learn about and practice "Centering Prayer." This way of praying leads even deeper into the stillness of spirit which can allow us to listen more closely to God.
- On Wednesday, April 10, we will learn about and practice the "Prayer of the Heart." This way of praying is a final method to bring about stillness at the centers of our being and to open our ears, our minds and our hearts to the Holy Spirit's leading.
- On Maundy Thursday, April 18, we will learn about prayer as communion with God, and Holy Communion as a visible and tangible means of prayer. Finally, on Good Friday, April 19, we will join Jesus as he prays in the Garden of Gethsemane. This service will connect some modern Broadway music with our prayer lives.

Please make the time to participate in these services. Too often, our spiritual lives here at Emanuel are "a mile wide and an inch deep." Perhaps we can do something to change that ratio.

Yours in Christ,

Pastor Lowell

Western Iowa Synod Men in Mission Retreat

A Lutheran Men's Retreat will be held on **February 15 and 16, 2019** at Lutheran Lakeside Camp near Spirit Lake, IA. The theme for the retreat is "**A Safe Place to Share**". Man Talk and Faith Talk cards will be used. The Men in Mission Board Members will be sharing about their personal and spiritual relationships. Kel Anderson will present about his trip to the Holy Land. Mark Juhl will report about MIM RAGBRAI experiences and Barb Brennan will share about Mission Interpreters. Come and enjoy fellowship, food and a time to grow in your faith.

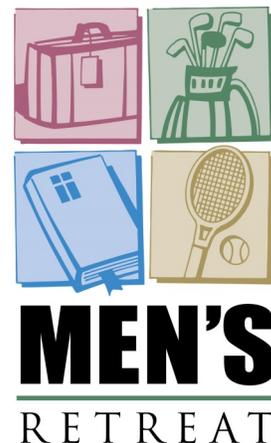
Friday, February 15

6:30 pm to 7 pm Registration
7 pm Devotions (Pastor Steve Frock)
7:15 pm Introductions (Dave Bohnet)
7:30 pm to 8:30 pm Man Talk & Faith Talk (Led by Board Members)
8:30 pm to 9:30 pm Gathering: Fellowship & Prayer (Scott Essing)

Saturday, February 16

7 am to 8 am Breakfast
8:30 am Devotions (Pastor Jeff Unga)
8:45 am to 10:15 am Holy Land Experience (Kel Anderson)
10:15 am Coffee Break
10:30 am Men in Mission RAGBRAI Report from 2018 (Mark Juhl)
11 am Mission Interpreters (Barb Brennan)
12 pm Noon Meal
1:30 pm to 2:30 pm Faith Talk & Man Talk (Discussion led by Board Members)
2:30 pm Worship Service with Holy Communion & Offering (Pastor Frock)
3 pm to 3:15 pm Board Meeting

Schedule is subject to change.



Send your registration are due by February 11, 2019. Forms are available in the community room. For questions, contact Mark Juhl at (712) 540-1391 or mcmjuhl@midlands.net

WITH SYMPATHY: We lift up in prayer and express our Christian sympathy for Deloris Christensen at the death of her brother, Arlin Bell on January 4th. We also offer our condolences to Rosie Spangenberg and her family at the death of her husband Michael Spangenberg on January 10th. Also, please keep John Spilde and his family in your thoughts and prayers, as his father, Orval Spilde, passed away on January 12th.



Inclement Weather Policy

Just a reminder that if Council Bluffs Public Schools cancels activities due to weather, the office will close and activities and meetings scheduled for that day will also be cancelled or rescheduled.

Lutheran Family Christmas Bags

SUBMITTED BY JAN HUSMANN

We packed 54 bags for children 0-5 years of age.

Thanks to everyone who donated money, items, and helped with packing and delivering the bags.

We had lots of support and fun getting this project done. Perhaps you will want to join us next year.

Donations are welcome all year long in the blue box in the Community Room.



Daphne Miller
Paul Heath
Jim Fowler

Glen Fahrenkrug
Mildred Rogers
Phyllis Fowler

Daralene Smith
Esther Bender
Deloris Christensen

Robert Hesselstine
Kaye Bird
David Appel

February Birthdays

Feb. 02 Christina Matuszeski

Feb. 06 Rita Epperson

Feb. 07 Phyllis Fowler
Mike Todd

Feb. 08 Angel McGee

Feb. 09 Marci Boruff
Jane Meyer

Feb. 10 Kelsey Carrier
Julie Holland

Feb. 11 Logan Wilson

Feb. 13 Carla Hipnar
Bettiemae Janssen
Ernie Techau

Feb. 14 Amy Garreans

Feb. 17 Dennis Beckman
Joshua Hubbard
Sandra Smith

Feb. 19 Taylor Edson

Feb. 20 Esther Bender

Feb. 21 LaWayne Andersen
Amy Steensland-Rickard

Feb. 22 Leo Gurnicz
Ashley Hipnar

Feb. 24 Jason Carrier
Shawn Gallagher
Megan Sorensen

Feb. 27 Jane Anderson
Brett Epperson

Feb. 29 Bob Otto

February Anniversaries

February 5 Judy & Sid Dillon

February 15 Arlene & Richard Betts

February 18 Amy & Mike Garreans

February 19 Penny & Brad Dahlke

February 28 Connie & Matt Solon

*If we've missed a birthday or anniversary, we apologize. Please let the church office know!
Contact Michaela at (712) 323-9665 or emanuellutheranbia@msn.com*



Have you visited our website?

You can view events, the newsletter, past newsletters, announcements, sermon videos, make a gift online and more!

You can even sign up to help with worship!

www.emanuelcb.org

Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)



Sunday, February 3	9:30 a.m. Service
Assisting Minister	Amy Garreans
Ushers	Ruth Sullivan & Pat Hiller
Acolytes	Cole Holcombe & Angelina Maxwell
Lector	Rosie Spangenberg
Children's Message	Brenda Hennigs
Communion Assistants	Elaine Sasso, Rosie Spangenberg, Mike Winter
Communion Set-Up	Connie & Matt Solon
Visual Tech	Peggy Jarrell
Sunday, February 10	9:30 a.m. Service
Assisting Minister	Alex Skovgaard
Ushers	Ruth Sullivan & Pat Hiller
Acolytes	Mason Garreans & Hanna Ferguson
Lector	Elaine Sasso
Communion Assistants	Amari Johnson, Erin Miller, Connie Solon
Communion Set-Up	Connie Eyberg
Visual Tech	Darlene Jeppesen
Sunday, February 17	9:30 a.m. Service
Assisting Minister	Rosie Spangenberg
Ushers	Ruth Sullivan & Pat Hiller
Acolytes	Reegan Haats & Nikki Rickard
Lector	Alan Ellis
Children's Message	Elaine Sasso
Communion Assistants	
Communion Set-Up	Amy Steensland-Rickard & Linda Steensland
Visual Tech	Brenda Hennigs
Sunday, February 24	9:30 a.m. Service
Assisting Minister	
Ushers	Ruth Sullivan & Pat Hiller
Acolytes	Grace Hansen & Hailey Holcombe
Lector	Amy Garreans
Children's Message	
Communion Assistants	Amari Johnson & Erin Miller
Communion Set-Up	Pat Hiller
Visual Tech	Elaine Sasso

February 3

February 10

February 17

February 24

The coffee hour sign-up chart is in the kitchen. Duties include picking up donuts, starting coffee, pouring juice and clean-up.



February 3

February 10

February 17

February 24

The flower sign-up is on the bulletin board above the usher stand.

February 2019 – Emanuel Lutheran Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee 10:45 am Annual Congregational Meeting 11:45 am Lunch served by Children & Youth Committee	28 11 am Tai Chi 11 am Communion at Midlands Living Center	29 Office Closed	30 9:30 am Mission Action (Quilters) 6 pm Dinner 6:45 pm Adult Study in Community Room, Kidz Kamp in Youth Center 7:30 pm Worship in Community Room	31 9:30 am Adult Study 11 am Tai Chi 6:30 pm Choir Rehearsal 7:30 pm Band Rehearsal	1 Office Closed	2 4 pm Girl Scouts
3 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour 11 am Mental Health Support Group	4 11 am Tai Chi	5 5:30 pm Girl Scouts in Community Room 7 pm Boy Scouts in Youth Center	6 9:30 am Mission Action (Quilters) 6 pm Dinner 6:45 pm Adult Study in Community Room, Kidz Kamp in Youth Center 7:30 pm Worship in Community Room	7 9:30 am Adult Study 11 am Tai Chi 1 pm Game Day 6:30 pm Choir Rehearsal 7:30 pm Band Rehearsal 	8 Office Closed 6 pm Potluck 6:45 pm Movie: The House With A Clock in Its Walls	9
10 Joyful Noise 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour with 11 am Confirmation	11 9 am Cookie Crumbs Sorting 11 am Tai Chi 9:30 am The Gathering (Women's Study) in conference room	12 8:30 am R.O.M.E.O.S @ Village Inn East 9 am Cookie Crumbs Packing 5:30 pm Girl Scouts in Community Room 6:30 pm Children & Youth Committee Meeting 7 pm Boy Scouts in Youth Center	13 9:30 am Mission Action (Quilters) 11:30 am Adult Fellowship at Pizza Ranch 6 pm Dinner 6:45 pm Adult Study in Community Room, Kidz Kamp in Youth Center 7:30 pm Worship in Community Room	14 9:30 am Adult Study 11 am Tai Chi 6:30 pm Choir Rehearsal 7:30 pm Band Rehearsal	15 Office Closed 4:30 pm Volunteers for Food Pantry meet at Our Savior's 	16
17 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour 11 am Mental Health Support Group	18 11 am Tai Chi 7 pm Church Council Meeting 7 pm MS Support Group	19 5:30 pm Girl Scouts in Community Room 7 pm Boy Scouts in Youth Center	20 9:30 am Mission Action (Quilters) 6 pm Dinner 6:45 pm Adult Study in Community Room, Kidz Kamp in Youth Center 7:30 pm Worship in Community Room	21 9:30 am Adult Study 11 am Tai Chi 6:30 pm Choir Rehearsal 7:30 pm Band Rehearsal	22 Office Closed	23 6:30 pm Table Tennis Tournament (Men's Singles) 
24 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee 12 pm Table Tennis Tournament (Children, youth, Women and Men's Doubles) 	25 11 am Tai Chi 11 am Communion at Midlands Living Center	26 Office Closed	27 9:30 am Mission Action (Quilters) 6 pm Dinner 6:45 pm Adult Study in Community Room, Kidz Kamp in Youth Center 7:30 pm Worship in Community Room	28 9:30 am Adult Study 11 am Tai Chi 6:30 pm Choir Rehearsal 7:30 pm Band Rehearsal	1 Office Closed	2

Care Package Thank Yous

At Hanging of the Greens we packed 13 boxes to send or deliver to our young adults in college. We shared some of the thank you's in last month's newsletter. Below are a few more we have received:

Dear CM/ym ministry team,
Thank you for the box of treats and snacks. I look forward to it each semester when finals are approaching, and it's nice to know someone is thinking of me during that time.
Thanks again,
Abigail Plummer

Dear CM/ym ministry team,
Thank you so much for the box of goodies! Students like us really appreciate your thoughts and prayers during that final difficult week. Thanks again!
Brennan JJ

Mental Health Awareness

BY STEPHEN LEWIS

February 25-March 3, 2019 is Eating Disorders Awareness Week. Please keep in mind that these are associated with Mental Health and are often paired with: Anxiety, depression, mood disorders, PTSD and substance abuse. In this article I will briefly explain the main eating disorders and some of the things to look for.

Anorexia Nervosa- Self starvation and excessive weight loss.

*Things to look for:

- Inadequate food intake
- Intense fear of weight gain- obsession with size
- Disturbance in self image
- Denial

Bulimia Nervosa- Cycle of binge eating followed by compensatory behaviors (ex: vomiting)

*Things to look for:

- Regular intake of large amounts of food, followed by a sense of loss of control
- Inappropriate use of compensatory behaviors (ex: vomiting, laxatives or diuretics)
- Extreme concern with body weight and shape

Binge Eating Disorder- Primarily recurrent binge eating without the use of compensatory measures

*Things to look for:

- Frequent eating of large amounts in short time spans
- Feeling out of control
- Deep feelings of shame, guilt and distress after binge

Other Specified Feeding or Eating Disorders (OSFED)-

Examples:

- Purging- without binge eating
- Night Eating syndrome- excessive nighttime food consumption

All of these are rooted with similar causes:

- Low Self Esteem
- Pressure from family, friends and culture to be thin
- Using food as a coping method
- Black or white thinking
- Predisposition
- Personality styles- ex: OCD
- Excess or deficiency of neuro-transmitters

If you or anyone you know show any of these symptoms, please reach out for help. Please call a local physician or if you feel more comfortable, there is the national helpline.

National Eating Disorder Associations:

Helpline- (800)-931-2237

www.nationaleatingdisorders.org

Reminder that our Mental Health group meets the 1st and 3rd Sunday of every month. If you have any questions, please reach out to Mike Garreans or I. Thank you.



Emanuel Evangelical Lutheran Church

Council Minutes for 01/21/2018

RECORDED BY MIKE WINTER

Present: Rosie Spangenberg, Mike Winter, Amy Garreans, Elaine Sasso, Joel Hauschild, Connie Solon, Stephen Lewis, Pastor Lowell Hennigs

Absent: Peggy Jarrell, John Spilde, Patty Maxwell, Judi Malloy, Valarie Weelborg

The meeting was called to order at 7:04 p.m. by President Rosie Spangenberg

Devotions: Amy Garreans

Council Agenda:

- Motion by Elaine Sasso, seconded by Stephen Lewis to approve the secretary minutes. After making corrections to show the date should have been December 10, 2018 and a correction to show that all income and expenses for the donuts will be processed through the Fellowship and Support Fund, the minutes were approved.
- Rick Stone gave a presentation from the Stewardship Committee. He indicated that the anticipated income for 2019 would be \$163,239. The proposed budget for 2019 would be \$168,240, but would provide no raises for the Pastor and other church employees. The budget with raises and other normal increases should be \$175,960. Motion by Joel Hauschild, seconded by Amy Garreans to present the budget of \$168,240 to the congregation. Approved.
- Motion by Joel Hauschild, seconded by Stephen Lewis to approve the Financial Secretary (Consolidated Fund) report. Approved.
- Motion by Mike Winter, seconded by Stephen Lewis to approve the Treasurer, Capital Fund and Memorial Fund Report. Approved.
- Pastor Hennigs presented a 12 point report. The Western Iowa Synod Assembly will be held May 3-5, 2019 in Sioux City. This will include the election of a Bishop. We need one more voting number representing Emanuel Lutheran Church to attend this assembly.
- Motion by Amy Garreans, seconded by Joel Hauschild to approve vacation Sundays for Pastor Hennigs for February 24 and April 7, 2019. Pastor Mark Grorud will be here on April 7.
- Stephen Lewis presented the Children's/Youth Ministry report. The youth mission trip is set to take place on Sunday, July 14 through Thursday, July 18, 2019. His four page report can be viewed by any church member at the church office.
- Connie Solon reported on the Wider Ministries Committee. The Joyful Noise for February will be for spinal bifida and for March will be for Wings of Hope.
- Rosie Spangenberg gave the Worship and Music report. A purchase of a baby grand piano is on their wish list. June 8, 2019 at 7 p.m. will be a "Love Concert" (songs about love) with various musical groups and individuals participating. Harmonicas will play in church on March 17, 2019. The garage sale date has been set for August 10, 2019. It should be noted that additional banners have been purchased using Memorial Fund money. Mardi Gras is scheduled for March 3, 2019. April 28, 2019 is scheduled for Holy Humor Sunday.
- Additional bids are being received for the day-care construction project, but will not be ready for the annual meeting.
- Motion by Elaine Sasso, seconded by Joel Hauschild to present to the annual congregation meeting the higher budget of \$175,960 for the information of the congregation. Approved.
- Motion by Elaine Sasso, seconded by Connie Solon to approve and accept the 2018 financial transfers. Approved.
- Motion by Elaine Sasso, seconded by Connie Solon to approve the nomination of the following candidates to the church council: Second 2-year term – Rosie Spangenberg, Amy Garreans, Stephen Lewis, John Spilde; First 2-year term – Alan Ellis and Nick Rickard; One year term to replace Patty Maxwell – Megan Sorensen. Approved.
- Motion by Connie Solon, seconded by Amy Garreans to adjourn at 8:29 p.m. Approved.
- All reports presented to the council may be viewed by any church member at the church office.

The next meeting will be Monday, February 18, 2019 at 7 p.m. Devotions will be by Connie Solon.

Happy Valentine's Day from LSI!

“We love because He first loved us.” 1 John 4:19

Lutheran Services in Iowa’s (LSI) mission is about love: responding to the love of Jesus Christ through compassionate service. We give thanks for all the ministry partners, both individuals and congregations, who help share this love for Iowa children, families, and adults!



We see this love in newly adopted children and their families, in teens who learn to trade self-harm for self-worth, in Iowans with disabilities who are growing their independence and confidence, in new parents who are raising strong and healthy families, and in so many other moments of joy. You can help carry out our mission of hope and healing by giving a gift and showing love to the Iowa families we serve. For more information, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org.

Thank you for the love you share and create through LSI. Happy Valentine’s Day!

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSIowa.org and www.facebook.com/LSI.iowa.

Helping Kids Thrive

When Kari, a little girl they knew through church, was in need of a foster home, Stacie and Blake decided to step up.

The couple became licensed as foster and adoptive parents, and Stacie says it’s been a rewarding experience ever since. With LSI Foster Care and Adoption in their corner, ready to provide support, guidance, or even just a listening ear, Stacie and Blake lift up children in their community through foster care.

After caring for Kari as foster parents, the opportunity came to adopt her. Now 10, Kari is an amazing big



sister. The family has fostered and adopted a son, 3-year-old Silas, and they recently welcomed their biological son, 1-year-old Jett, into the family.

Stacie and Blake continue to foster children in need of a safe and supportive home, and Stacie says they hope to adopt again in the future.

“When you become a foster or adoptive parent, yes, you’re helping children. But at the same time, you learn about yourself and you learn more about the world around you,” Stacie says. “Foster care is an experience that is indescribable and life-changing.”

Friday, February 8
6 p.m. Potluck
6:45 p.m. Movie

Emanuel Lutheran Church
Fellowship Hall
Bring a dish to share &
a friend or neighbor!



We will be watching:
**The House With A
Clock In Its Walls**

A young orphan named Lewis Barnavelt aids his magical uncle in locating a clock with the power to bring about the end of the world. his country's past.
- IMDB

Pajama Party

BY MICHAELA LEWIS

Several of the younger kids have been asking for their own lock-in type event. So on January 7th they had a two-hour pajama party. Activities included nerf battles, karaoke, dancing and limbo. We had a small crew, but those who attended said they had fun would like to have one again!



Above: Tori Hansen takes aim with one of the Nerf guns.



Right: Max Sizemore and Mason Lewis play "Beanboozled," a game where you never know what flavor of jelly bean you are going to get, and I was told that some were pretty horrible.

Summer Camp for All Ages!

BY MICHAELA LEWIS

I know it might seem like summer is a ways off, especially with the fringed temperatures outside right now, but really, it is a great time to start looking at activities for summer!

We will have information soon in the community room about the programs at Lutheran Lakeside Camp and Carol Joy Holling Camp, but this information is already available on their websites (www.lutheranlakeside.com and www.caroljoyholling.org). Lutheran Lakeside is located in Spirit Lake, Iowa, and Carol Joy Holling is located in Ashland, NE.



Mason Lewis standing on the stoop of his group's platform tent at Trailhead at Carol Joy Holling in 2018.

Carol Joy Holling offers camp at half price for first time campers for certain weeks during the summer. The first week (June 2-7) school is still in session in Council Bluffs and the week after (June 9-14) is when we will have Day Camp here at Emanuel. The third week they have the discount is July 7-12. These spaces are limited, so early registration is encouraged.

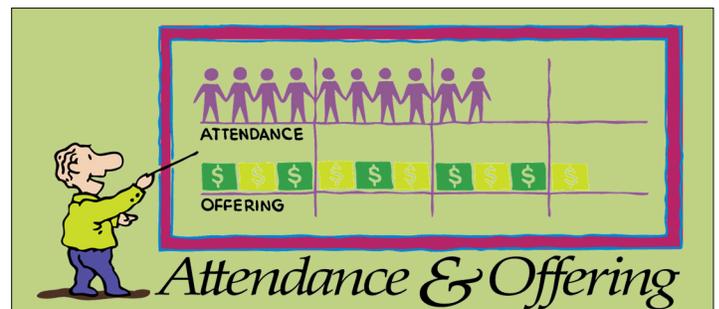
Both camps offer weeks for 1st – 12th grade, as well as family and grandparent camp. Lots of options to chose from. Emanuel does help with 25% of the cost of camp, as well as an additional amount for first time campers from Emanuel.

For kids and families who are interested, but not sure about camp, Carol Joy Holling is going to host a Camp Preview Day on Saturday, April 27th. Registration is required for this. There is more information about this on their website.



Campbell

"I can't believe it! The same woman who sends me to my room for staining my clothes just donated money for stained glass."



Week of:	Attendance:	Offerings:
January 6	104	\$3,205.00
January 13	95	\$2,171.26
January 20	72+	\$4,946.23
January 27		



Ramblings from the Back Corner

BY CINDY RICHARDS

From the **MUSIC DIRECTOR**

During this season of Epiphany we have been singing songs that remind us to listen to Jesus. He is speaking to us. Are our minds open and are we listening? The song “Here Am I, Lord” is so fitting for a morning song to remind us daily.

*“Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord,
If you lead me.
I will hold your people in my heart.”*

Another song, “Take My Life, That I May Be” is one of this congregation’s favorites. It could be our regular shower in the morning song.

*“Take my life, that I may be
Consecrated, Lord, to thee;
Take my moments and my days;
Let them flow in ceaseless praise.*

*Take my hand and let them move
At the impulse of thy love;
Take my feet and let them be
Swift and beautiful for thee.*

*Take my silver and my gold,
Not a mite would I withhold;
Take my intellect and use
Every power as thou shalt choose.*

*Take my voice and let me sing
Always, only for my King;
Take my lips and let them be
Filled with messages from thee.*

*Take my will and make it thine;
It shall be no longer mine;
Take my heart, it is thine own;
It shall be thy royal throne.*

What wonderful ways to start our day. Singing and praying. “He who sings, prays twice.”

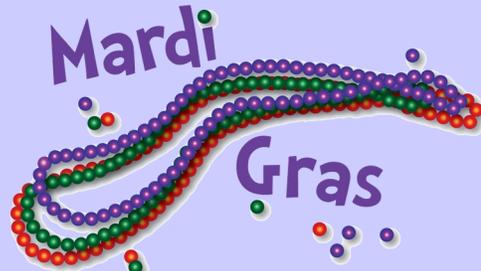
Table Tennis Tournament



Saturday, February 23rd at 6:30 p.m.
(Men’s Doubles)
& **Sunday, February 24th** at 12 p.m.
(Women, Men, Youth, Children)

All ages welcome! Please sign up beforehand in community room.

Questions? jjhusmann415@gmail.com



Sunday, March 3rd
4 p.m.—6 p.m.

Live music from DaBand, food, silent auction, children’s activities, fun and fellowship. Proceeds help support Children and Youth events and mission trips.
Emanuel Lutheran Church

Finance Team Update Income & Expenses Monthly and YTD

December Income: \$13,920.82
December Expense:..... \$11,825.00
December Balance..... \$2,095.82

YTD Income: \$156,503.05
YTD Expense:..... \$160,396.70
YTD Balance..... -\$3,893.65
Plus Carryover \$10,886.00
General Budget Fund..... \$6,992.35



Emanuel Lutheran Church

2444 North Broadway
Council Bluffs, IA 51503-0499

RETURN SERVICE REQUESTED

Game Day

Thursday, February 7th, 1:00 pm
Community Room

The Gathering (Women's Study)

Monday, February 11th
9:30 am
Conference Room

R.O.M.E.O.'S

(Retired Old Men Eating Out)
Tuesday, February 12th, 8:30 am
Village Inn East

Adult Fellowship

Wednesday, February 13th
11:30 am
Pizza Ranch

Mission Action Committee (Quilters)

Wednesdays, 9:30 am
Community Room

Mission Statement: Forgiven by Grace, Serving by Faith

Vision Statement: To Grow in Faith, Love, and Spirit

Contact Us

Emanuel Lutheran Church
2444 N. Broadway
Council Bluffs, IA 51503-0499
(712) 323-9665
office@emanuelcb.org

Like us on facebook: [facebook.com/emanuellutherancbia](https://www.facebook.com/emanuellutherancbia)
Visit us on the web at: www.emanuelcb.org

Worship Services:

Sunday at 9:30 am, followed by fellowship
Wednesday meal at 6:00 pm, Kidz Kamp & Adult Study at 6:45 pm,
Worship in in Community Room at 7:30 p.m.

Staff:

Pastor Lowell Hennigs (pastor@emanuelcb.org)
Director of Music Ministries, Cindy Richards (music@emanuelcb.org)
Parish Assistant, Michaela Lewis (office@emanuelcb.org)
Kidz Kamp/Activities, Stephen Lewis (youth@emanuelcb.org)
Financial Secretary, Darlene Reed