

Garden of Readin'

Emanuel Lutheran Church Newsletter

August 2023

Happenings at Emanuel!

Saturday, August 05—Craft Inn

Tuesday, August 08—ROMEO's (and Friends) Meet

Sunday, August 13—Joyful Noise Offering

Monday, August 14—Thursday, August 17—Garage Sale Prep & Staging

Friday, August 18—Saturday, August 19—Garage Sale

Sunday, August 20—Blessing of Backpacks

Monday, August 21—Church Council Meeting

Sunday, August 27—Blood Pressure Checks during coffee hour

*Tai Chi each **Monday** and **Thursday** morning at 10 a.m. in the upstairs Youth Center*

*Bible Study each **Thursday** at 9:30 a.m. in the upstairs conference room*

Mission
Statement:
Forgiven
by Grace,
Serving by
Faith

Vision
Statement:
To Grow in
Faith, Love,
and Spirit



Thank you Linda Martens, Connie Solon, Darlene Jeppesen and Suzanne Winter (not pictured) for donating the quilts to Sleep In Heavenly Peace. They are beautiful and the families will love them on their new beds.

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A Post from the Pastor

BY PASTOR CARA KNUTSON



My favorite part of our recent get away to Kansas City I found at the aquarium next to Legoland. We happened to come across a staff member feeding a shark and stopped to watch. It was amazing seeing such a large animal swimming right over our heads. Last summer I finally saw the movie Jaws and now I both fear and strangely admire the fierce strength and deadly force of sharks. I asked the staff interpreter if the shark ever ate any of the animals in the aquarium. He said, no when we keep the sharks fed we rarely have any problems. That statement has remained with me and I've been turning it over and over again in my mind. Maybe I admired the shark for being so transparent and open about who and what a shark is.

We all have a fierceness and ferocity within us that I think so many of us shy away from. Such raw power and all that potential can be intimidating, probably because someone used their power at some point in time to hurt and wound us. If you get your leg bitten off by a shark it might make you a bit nervous to go back out into the ocean on your surfboard. While some misuse their power, many I've seen are timid to admit they have any power at all which I've always heard is more dangerous yet.

I think of the Shark Support Group in the movie Finding Nemo their chairs gathered in a circle. It's bring a friend day and each shark brought a fish guest. The sharks chant together "Fish are friends, not food". And all is well until one of the sharks gets a tantalizing whiff of blood and all bets are off. It's fish for dinner that night!

When we are unaware of who we are, both positive and uplifting, and the parts of ourselves we struggle with, our power, our privileges, what Jung would call our shadow selves, we're like that hungry shark activated by the scent of blood. How much better to be like the sharks at the aquarium—known and accepted for who and what they are with their needs met and provided for.

Maybe the kingdom of heaven is a little like that aquarium. Scripture talks of a place where the lion will lay down with the lamb and the child will place it's hand in the adders den. When our needs are met and our hungers are fed, we don't need to rely on violence to get what we need and want.

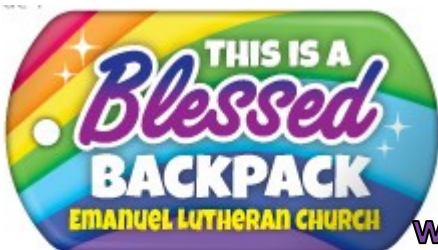
Now the question is, can we trust and place our faith in that the man in the scuba suit will bring us our daily fish? Can we cast all of our cares upon God, and lay all of our burdens down at God's feet? Maybe the shark has an easier time of relying on the food provided by Scuba Man—not capable of higher thought. We have all of these internal thought processes, and cognition, rationality, ego, that can cause us to second guess, doubt, question, confound, and confuse. All of this thought process can trick us into thinking that we're more evolved, self-reliant, and independent which makes it hard for us to become vulnerable enough to trust in something even higher, and more powerful than ourselves.

Luckily for us, the God we confess, worship and serve we believe to be all powerful, all knowing, all present, all loving that will keep on bringing the fish, as it were, our whole lives long, rather or not we ever completely trust and rely on the one who feeds us. I think it takes a lifetime and beyond, which is why perhaps we spend eternity with God, because it will take that long for God to teach us all that God wants us to know.

So the next time you're at the pool or the pond, wiggling your toes in the water, take a moment to remember our friend the shark at the aquarium and maybe it will help us to trust in God a little more.

See you in church!

Pastor Cara



Save the date!
August 20th students of all ages are invited to bring their backpacks to the worship service to be blessed.



Back to School Month



Saying goodbye to summer and transitioning into a new school year can be a difficult time for many adolescents, especially those with emotional or behavioral disorders.

LSI has 27 therapists that provide mental health counseling to individuals of all ages through in-person therapy in over 20 locations across the state and virtual therapy in all 99 counties. In 2022, our Clinical Services team served more than 1,000 clients, totaling 14,000+ therapy sessions for Iowans of all ages.

In addition, our Behavioral Health Intervention Services team wraps care around a child's entire family to empower them with skills like anger management, healthy decision-making and problem-solving. In 2022, the BHIS team served over 250 clients, resulting in more than 3,900 therapy sessions for children and their families.

Through LSI's Trauma Informed Care program at the Juvenile Detention Center in Waterloo, our staff work with the teens by completing trauma assessments on each adolescent and providing a summary to their juvenile court officers. The LSI staff also facilitate both individual and group therapy sessions with the teens

to help them deal with their trauma and work through it in a productive way.

If you or someone you know could benefit from therapy – even from the comfort of your own home – reach out by calling 888.457.4692 or visiting [LSlowa.org/therapy](https://www.LSlowa.org/therapy).

We thank you for your support of LSI's mission as we respond together to the love of Jesus Christ through compassionate service! We know there are more Iowa children and families in need of this critical care. If you would like to learn more about how you can give a gift to support these crucial services, please contact Deb Whitford, LSI senior director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at [LSlowa.org](https://www.LSlowa.org) and [facebook.com/LSI.Iowa](https://www.facebook.com/LSI.Iowa).

A graphic for Rally Sunday featuring several colorful paper flowers in shades of pink, orange, yellow, and blue. The text is overlaid on the flowers.

RALLY SUNDAY
SEPTEMBER 17

Join us as we present our three year olds with books to welcome them to Sunday School.

Our new confirmation students will also receive their confirmation Bibles and copies of Luther's Small Catechism.

This will also be the first day of Sunday School and the our new confirmation group will have their first class after coffee hour.

A graphic with a pink background and a white house icon containing a question mark. The text "Do We Have Your Current Address" is written in a stylized font.

Do We Have Your Current Address?

Just a reminder to keep us updated if your address, phone or email changes. Also, if we don't have your birthday or anniversary on file, please let us know!

You can contact the office at: office@emanuelcb.org or (712) 323-9665.



Fire Hydrant Parties
Old-fashioned summer fun! The Council Bluffs Fire Department hosts hydrant parties on Tuesdays and Thursdays from 1:30 - 2:30 p.m. throughout the summer at various locations.

Hydrant parties are made possible thanks to our partners. We'd like to give a special thanks to Council Bluffs Water Works for providing the water and thanks to Centris Federal Credit Union for providing frozen treats.

- 2023 Hydrant Party Schedule:**
- Aug 1: Chippewa Ln & 32nd Ave
 - Aug 3: Twelve Oaks Dr & Butler St
 - Aug 8: Lakin Campus

Questions: Council Bluffs Fire Department (712) 328-4646

Vacation Bible School Wrap-Up

BY STEPHEN LEWIS

Thank you to all our volunteers, parents and students who attended Vacation Bible School! We had a great time and had familiar and new faces join us!

Special thanks to Suzanne Winter for managing the kitchen, Darlene Jeppesen, Grace Nixt and Tayah Nixt for leading crafts, Pastor Cara Knutson for leading Bible Adventures, Mason Lewis and Casey Moore for leading crafts, Lori Lynn Ahrends for leading music and Maja Knutson for helping with skits.





This Month's ACTIVITIES

At Emanuel Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30 am—10:30 am Worship with Holy Communion 10:30 am Coffee Hour & Blood Pressure Checks with Crystal 	31 10 am Tai Chi	1 5:30 pm Girl Scouts in Community Room	2 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	3 9:30 am Adult Bible Study 10 am Tai Chi	4	5 10 am Craft Inn 
6 9:30 am—10:30 am Worship with Holy Communion 10:30 am Coffee Hour	7 10 am Tai Chi	8 8:30 am ROMEO's (& Friends) meet @ Village Inn East 5:30 pm Girl Scouts in Community Room	9 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	10 9:30 am Adult Bible Study 10 am Tai Chi	11	12
13 Joyful Noise 9:30 am—10:30 am Worship with Holy Communion 10:30 am Coffee Hour 11:30 am Garage Sale Prep & Staging	14 10 am Tai Chi 6 pm—8 pm Garage Sale Prep & Staging	15 6 pm—8 pm Garage Sale Prep & Staging 	16 8:30 am Mission Action Quilters Upstairs 6 pm—8 pm Garage Sale Prep & Staging 	17 9:30 am Adult Bible Study 10 am Tai Chi 6 pm—8 pm Garage Sale Prep & Staging	18 8 am—2 pm Garage Sale 	19 8 am—noon Garage Sale
20 9:30 am—10:30 am Worship with Holy Communion and blessing of backpacks 10:30 am Coffee Hour 	21 10 am Tai Chi 12 pm—4 pm Cindy's Music Students in Community Room 7 pm Church Council Meeting 	22 5:30 pm Girl Scouts in Community Room	23 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	24 9:30 am Adult Bible Study 10 am Tai Chi	25	26
27 9:30 am—10:30 am Worship with Holy Communion 10:30 am Coffee Hour & Blood Pressure Checks with Crystal 	28 10 am Tai Chi	29 5:30 pm Girl Scouts in Community Room	30 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room	31 9:30 am Adult Bible Study 10 am Tai Chi	1	2 10 am Craft Inn 

Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)

Sunday, August 06	9:30 a.m. Service
Ushers	Connie Beckman & Connie Edson
Acolyte	Mason Lewis
Lector	
Altar Guild	
Communion Assistant	Amari Johnson & Mason Lewis
Visual Tech	Darlene Jeppesen
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, August 13	9:30 a.m. Service
Ushers	Connie Beckman & Connie Edson
Acolyte	Alex & Gabe VanSickle
Lector	
Altar Guild	
Communion Assistant	Alex & Gabe VanSickle
Visual Tech	Darlene Jeppesen
Sound Tech	Mike Hipnar
LiveStream Tech	
Coffee Hour	
Sunday, August 20	9:30 a.m. Service
Ushers	Connie Beckman & Connie Edson
Acolyte	
Lector	
Altar Guild	
Communion Assistant	
Visual Tech	
Sound Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, August 27	9:30 a.m. Service
Ushers	Connie Beckman & Connie Edson
Acolyte	Grace & Tayah Nixt
Lector	
Altar Guild	
Communion Assistant	Grace & Tayah Nixt
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	



- Aug 6** Ken Kemmish
- Aug 13** Al Marten
- Aug 20** Mike Winter
- Aug 27** Chris Sorensen

Thanks for volunteering to mow the church lawn. With eight mowers, we have a nice rotation where we are not mowing all the time. We ask that you mow the lawn **sometime** during your scheduled week, preferably by Thursday. If you have a conflict, just trade dates with someone on the list. Mowing consists of the church lawn and the parsonage lawn. **If you use all the gas in the container, please fill up the container and turn the bill into the church. Keys for the mower and the garage are in the secretary's office. Any questions, problems, or suggestions, call Mark Ellis at 402-699-1472.**

We need YOUR help!
 We would love to have you help with worship! Please contact the church office at (712) 323-9665, office@emanuelcb.org or sign-up on our website at: www.emanuelcb.org

YOU CAN MAKE
 A DIFFERENCE!
Volunteer on Sundays



THIS MONTH'S
birthdays

August 01
William Schademann

August 02
Ryan McSorley

August 03
Debra Ebsen

August 04
Kimberly Egner
Baylee Snyder

August 06
Crystal Nixt

August 07
Andrea Britton

August 08
Peggy Jarrell

August 09
Alexis Gress

August 10
Larry Britton

August 12
Kajanie Schaal

August 13
Dustin Loos

August 15
Kamryn Maxwell
Jessica Winter

August 16
Mike Garrett

August 17
Katelyn Longnecker

August 18
Ben Clark
Samantha Showalter

August 19
Makenzie Shetterly

August 20
Ryan Loos
Erin Miller

August 22
Jordan Hansen

August 23
Mahala Jankowski

August 25
Jeann Foster

August 27
Pamela Sherman
Tyler Steensland
Kali Salda

August 28
Wendi Hancock
Karen Smith

August 29
Alaire Carrier
Charleigh Rickard

August 30
Mark Ellis

August 31
Jack Henderson



THIS MONTH'S
anniversaries

August 06
Rick & Janice Stone

August 10
Barry & Tina Larson

August 10
Jesse & Danielle Schaal

August 12
Cyndi & John Borwick

August 15
John & Barbara Burns

If we've missed a birthday or anniversary, we apologize. Please let the church office know!
 Contact Michaela at (712) 323-9665 or office@emanuelcb.org



The last newsletter file did not save the July Birthdays!
Please accept our apologies for not catching this before
it went to print!

July 02

Shelby Clark
Edward Haats

July 10

Bruce Ellingsen

July 19

Oscar Over

Xander Richards
Autumn Tanner

July 03

Greg Steensland

July 11

Benjamin Hansen

July 21

Matthew Maxwell

July 26

Mary Clark
Jordyn Schaal
Miranda Schwartz

July 04

Jackie Ogg

July 12

Tori Hansen

July 22

Grant Ashcraft

July 28

Darryl Petersen

July 07

Jeffrey Fischer
Michele Loos

July 15

Mary Lou Johnson

July 23

Emily Edson
Keven Ferguson
Cheryl Rowe

July 29

Kristy Naumann

July 09

Marjorie Powell-
McIntosh
Connor Snyder

July 17

John Burns

July 25

Jake Ferguson
Andrew Hubbard

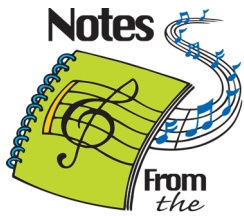
July 18

Garrett Ashcraft

HUGE 2-DAY GARAGE SALE

FRIDAY, AUGUST 18
(8 am - 2 pm)
&
SATURDAY, AUGUST 19
(8 am - Noon)

EMANUEL LUTHERAN CHURCH
2444 N. Broadway



From
the
Music Director

Making their Way

SUBMITTED BY CINDY RICHARDS, MUSIC DIRECTOR

Another new song from All Creation Sings (hymnal supplement to the ELW, the hymnal we currently are using) is Making Their Way. The text was written by Delores Dufner who was born in 1939. She says "During the summer of 2007, I spent five weeks in Rome in a renewal program for Benedictine sisters. The program included classes on the early Christian church, with guided pilgrimages to many historic sites. On June 21 we traveled by bus to Norcia, the birthplace of Saint Benedict (c. 480-543) and his twin sister, Saint Scholastica. On the way home I reflected on the communion of saints and began to write this hymn. I felt awe and gratitude for the many holy women and men of faith who have gone before us and continue to accompany us on life's journey.

Stanza 1 focuses on our unity with Christians down through the centuries, who came together for worship in response to God's call, and who continue to gather with us around the altar. Stanza 2 focuses on our unity with Christians around the world today, who assemble weekly to hear God's word and share in the eucharistic banquet. Stanza 3 reflects on our shared pilgrimage through the church's liturgical seasons, leading to our journey's end and final homecoming."

Delores Dufner was born in North Dakota, attended a one-room country school; studied at the College of St. Benedict in St. Joseph, Minnesota (BA, music, 1960); became a Benedictine sister; continued her studies at DePaul University in Chicago (MA, liturgical music, 1973); then went to Notre Dame University, Notre Dame, Indiana (MA, liturgical studies, 1990). She taught elementary school music, piano, and organ; served as a church organist and choir director; and was liturgical coordinator for St. Benedict's Monastery in St. Joseph, Minnesota, from 1973 to 1979; director of the Office for Worship of the Diocese of St. Cloud in Minnesota from 1979 to 1989; liturgical mu-

sic consultant for the Diocese of Ballarat in Victoria, Australia; and a member of the executive committee of the Hymn Society. She has written fine hymns found in many hymnals in the United States, Canada, Australia, and China. Liturgical theologian Nathan Mitchell suggests that "the greatest skill [Dufner] brings to her work is a sensitive ear for natural, unself-conscious speech that is also memorable. Her style is a vigorous modern English whose music and rhythms never seem forced, contrived, or cute." A fellow of the Hymn Society, Dufner received the Lifetime Achievement Award from the National Association of Church Musicians and the *Christus Rex* award from Valparaiso University's Institute of Liturgical Studies.

Assembly Song Companion for All Creation Sings

Making Their Way

Making their way down through the ages,
Sinners and saints have heard God's call:

Wealthy and poor, powerful, lowly,
Jesus' disciples, one and all.
Gathered for worship, offering thanks,
The greatest with the least
Have come to share this feast.

Making their way all the world over,
Christians assemble on this day,
Hearing the Word, sharing the Banquet,
Learning to walk in Jesus' way.
Members of Christ, united in love,
They seek our God to know, and so together grow.

Making our way season by season,
Pilgrims, we journey till life's end,
Traveling light, sharing the riches,
Caring for stranger as for friend,
Till in the joy of longing fulfilled,
Together we will come to our eternal home.

Muscles Needed!

Our Savior's Lutheran Church offers food assistance through their pantry and is in need of help unloading the truck from the food bank and stocking shelves on Wednesday mornings from about 9 a.m. to noon to help meet the needs of the community. If you have questions about this, feel free to ask Mason Lewis, who has been volunteering there this summer with this task. They have other opportunities as well, ranging from answering the pantry phone on Thursday to filling orders or even helping with their mobile pantry. If you would like to help with this important resource in the community, contact foodpantry@oursaviorscb.org. You can also always donate on their website or bring items to put in the shelf at Emanuel and they will be taken to the Pantry.





Deloris Christensen	Rita Epperson	Owen Hansen	Larry Hansen	Sharon Hansen
Norma Heath	Robert Hesseltine	Sawyer Lorenz	Norma Mass	Jane Meyer
Julie Powell	Tommy Schott	Doug Shapland	Ruth Sullivan	Bob Vergamini

Community Resources

If you or someone you know are in need of assistance, below are some of the resources in our community.

Inter-Faith Response Inc. - Offers prescriptions and eye care, bus tickets, food pantry, rent assistance to prevent eviction and utilities and heating assistance to prevent shut-offs of utility or energy services. Council Bluffs Iowa. (712) 322-0531

Salvation Army - The non-profit will refer clients to basic needs, such as shelter or a free meal for the low income. While it will vary, in some cases there may be grants for needs such as rent or heating bills, however any financial support is very limited. (712) 328-2088.

American Red Cross - Helps during an emergency and sometimes has financial assistance available. (712) 322-4017

Pottawattamie County Homeless Link - Provides outreach, referrals and services to homeless and near-homeless individuals in the Council Bluffs area. One-time financial assistance, Short- Term Transitional Housing, and material donations are also available. (712) 309-0016

Pottawattamie County General Relief - The government agency will support residents of the county only. All applicants need to meet all qualifications in place. Among the programs provided are rental or utility bill assistance. (712) 328-5867

Our Savior's Lutheran Food and Pet Food Pantry Open every Thursday (except holidays) and the fourth Friday of the month. Call (712) 322-6655 for an appointment two hours before pantry starts. Our Savior's Lutheran Church, 600 Bluff Street, Council Bluffs, Iowa.

Friendship Pantry - Open the second Saturday of the month from 1 pm to 4 pm, First Church of the Nazarene, 2616 Avenue A, Council Bluffs, Iowa. Offers non-food pantry items such as laundry detergent, toilet paper, dish soap, toothbrush and toothpaste, shampoo and soap.

There are many other great organizations in our area that help with various needs, but newsletter space is limited. We do have these all listed on our website as well. Please contact us if there is an organization that you think should be added to the list!



ATTENDANCE & OFFERINGS



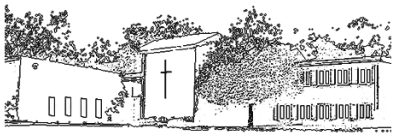
Week of:	In-Person Attendance:	Online Views:	Total Attendance:	Offerings:
July 02	56	54	110	N/A
July 09	49	39	88	N/A
July 16	42	44	86	N/A
July 23	58	51	109	N/A
July 30	N/A	N/A	N/A	N/A

Finance Team Update

Income & Expenses Monthly and YTD

June Income: \$7,235.50
 June Expense:..... \$12,936.55
 June Balance..... -\$5,701.05

YTD Income: \$91,838.22
 YTD Expense:..... -\$90,417.20
 YTD Balance..... \$1,421.02
 Plus Carryover \$3,245.82
 General Budget Fund..... \$4,666.84



Emanuel Lutheran Church
2444 North Broadway
Council Bluffs, IA 51503-0499

RETURN SERVICE REQUESTED

THOSE
WHO DO
WHAT IS
TRUE
COME TO
THE
LIGHT...
JOHN 3:21, NRSV

Mission Statement: Forgiven by Grace, Serving by Faith
Vision Statement: To Grow in Faith, Love, and Spirit

Contact Us

Emanuel Lutheran Church
2444 N. Broadway
Council Bluffs, IA 51503-0499
(712) 323-9665 Emergencies: (712) 314-0085
office@emanuelcb.org
Like us on facebook: facebook.com/emanuellutheranclbia
Visit us on the web at: www.emanuelcb.org
Follow us on Twitter at: https://twitter.com/Lutheranla

Office Hours: Monday 9 a.m.—1 p.m.,
Tuesday—Thursday 9 a.m.—3 p.m.

Worship Services:

Sunday at 9:30 a.m. in the worship center followed by coffee hour in the community room. Services are streamed live on YouTube, Facebook & Twitter

Children's Ministry:

Children will be dismissed to Sunday School after the Gospel reading during the Sunday worship service (September—May)

Staff:

Pastor Cara Knutson (pastor@emanuelcb.org)
Director of Music Ministries, Cindy Richards (music@emanuelcb.org)
Parish Assistant, Michaela Lewis (office@emanuelcb.org)
Children & Youth Programming, Stephen Lewis (youth@emanuelcb.org)
Financial Secretary, Darlene Reed