Garden of Readin'



Emanuel Lutheran Church Newsletter

November 2019

Happenings!

Sunday, November 3—Special Congregational Meeting & Mental Health Awareness & Support Group Meets, Cookie Crumbs begins holiday packing

Sunday, November 10—Confirmation, Fire Pit Night

Wednesday, November 13—Stewardship Dinner

Friday, November 15—Help at Our Savior's Food & Pet Food Pantry

Saturday, November 16—Children & Youth Event at the Hub

Sunday, November 17—Mental Health Awareness & Support

Sunday, December 1—Start of Advent

Wednesday, December 4—Hanging of the Greens

Mission Statement: Forgiven

Forgiven by Grace, Serving by Faith

Vision Statement: To Grow in Faith, Love, and Spirit



Members of DaBand provide music during the annual fire pit night. Band mambers from left to right: Tim Johnson, Mike Hipnar, Rosie Spangenberg, Kevin Epperson, Kylie Hansen, Mason Garreans, Cindy Richards & Alex Skovgaard.

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80th Birthday: Darlene Reed

Darlene Reed will be celebrating her 80th birthday come help her celebrate her big day on Saturday, November 2 at Emanuel Lutheran Church, 2444 North Broadway, Council Bluffs, from 2 to 4 pm. This event will be hosted by her husband, Richard; and children, Debbie (Keven) Ferguson, Chris Reed, Doug (Jen) Reed; and grandchildren; Jakob, Kobie, Hanna, Angel, Cera, Merah, Alysa, Sophie. No gifts please.

A little pumpkin is on his way, so let's celebrate before the big day.



There will be a celebration on November 9th from 1 pm to 3 pm at Emanuel in anticipation of baby Spencer's arrival in a few months. We didn't think we would get the chance to be parents again, so we feel incredibly blessed to be able to celebrate this with everyone. There will be a lite lunch, desserts and a few games. Gifts are not necessary, but there is a registry at babylist.com and Target for those who have asked what we might need. If you plan to come, please let us know so we can be sure to have enough food. You can also RSVP to Clarissa at (712) 314-9181 or cweesner@cox.net - Steve, Michaela & Mason

BIRTH DAY!

Birthday Milestone

Rodella Vergamini, who attended services here before moving out of state will be turning 100 on November 15th. If you would like to send her a card or call to wish her happy birthday, here is her contact information:

Rodella Vergamini 1248 S Crismon Rd #105 Mesa, AZ 85209

(531) 233-8310



Oscar & Deann Over's 50th Anniversary Celebration

Saturday, November 30, 2019 1 pm—4 pm At Emanuel Lutheran Church

The couple respectfully requests no gifts





Mental Health Awareness

By Stephen Lewis

This month I want to share with you the Seize the Awkward movement. This is a new PSA brought about by the American

Foundation for Suicide Prevention. It is geared at how to notice the signs of depression and how to start the conversation.



Some of the things to look out for are:

- They don't feel like hanging out as much
- Their mind seems to be somewhere else
- They are so anxious that they can't relax
- They have gotten negative about life

So how do start the conversation? Here are some ideas:

- "Hey, we haven't talked in a while. How are you?"
- "Seems like you haven't been yourself lately. What's up?"
- "Are you OK? You don't seem like yourself lately?"
- "I know you are going through some stuff; I'm here for you."

Remember you don't need to be a professional to lend an ear and support. If you know anyone that needs help or if you are in need of help, please reach out. You can text the crisis line by texting SEIZE to 741741. Or you can call the National Suicide Prevention Lifeline at 1-800-273-8255. In cases that are an emergency, please call 911. If you would like to learn more about the Seize the Awkward movement, please visit: www.seizetheawkward.org.

As always our mental health support group is always here. We meet the 1st and 3rd Sunday of every month from 1130a-1230p. Please join us for support and education.

20/20 Vision—Looking at Life Through the Lens of Jesus

BY RICK STONE

We have kicked off our stewardship events for 2020 with four weekly temple talks. Two upcoming dates are the Stewardship Dinner on Wednesday, November 13th at 6 p.m. and Commitment Sunday, November 17th.

Our Stewardship Dinner will be provided by our youth and the youth committee. A free will offering that evening will help with expenses of youth events. We hope you join us for a night of great fellowship, an opportunity to listen to "Da Band", as well as Pastor Sanborn's message.

Commitment Sunday, November 17, gives us each an opportunity during the service to place our pledge on the altar.

By participating in our stewardship events, we hope each of you can personally reflect on "20/20 Vision, Looking at Life Through the Lens of Jesus."

Thanksgiving Baskets

By LINDA STEENSLAND

Wider Ministries will be distributing Thanksgiving Baskets to 25 families in the community on Sunday, November 24. Monetary donations may be given to the Thanksgiving Basket account and grocery donations may be left at the church in November. If you want to suggest a family to receive a basket, please give the information to the church office by Nov. 14



Packing Thanksgiving boxes last year.

Questions? Contact Linda Steensland

Special Meeting on Extending Pastoral Call

Emanuel Lutheran Church will have a special congregational meeting after worship on November 3, 2019, to vote on extending a pastoral call to Pastor Cara Knutson. Members must be in attendance to vote.

Pastor Cara Knutson currently resides in early IA with her wife Maja and their son Derek. She is the Chaplain at Methodist Manor in Storm Lake. She also is a supply pastor for the area. Pastor Cara has a Bachelor of Arts in English from South Dakota State University. She completed her Master of Divinity in Theology in 2012 through United Theological Seminary of the Twin Cities.

Pastor Cara has taken many additional courses to prepare her for leading a congregation. These include a Boundary Workshop, and several conferences and classes on Aging and Spirituality. With her English background Pastor Cara is great story teller and finds "the use of narrative helps us make sense of ourselves and our world." She has extensive experience with the elderly, but is so enthused about leading all of Christ's disciples that age is no boundary for her.

We hope everyone will be able to be here that day to vote.

Special thanks to the call committee and the finance committee for all the hard work they have put in as we navigate the call process.

Emanuel NEEDS YOUR HELP with Parish Assistant duties

Are you interested in helping out while Michaela Lewis is on maternity leave? There are SO many tasks that she is responsible for here at Emanuel. Whether you enjoy technology, or writing, or helping to prepare things for worship on Sundays. WE NEED YOU! Now is the time to sign up for a task or two which allows enough time to get you all trained up before Baby Lewis makes his debut!

Help Please contact Amy Garreans at agarreans@gmail.com or (402) 660-4548 for more in-Needed! formation.



David Appel
Paul Heath
Jim Fowler

Glen Fahrenkrug Deloris Christensen Phyllis Fowler Daralene Smith Esther Bender Elizabeth Miller

Robert Hesseltine Kaye Bird



Nov. 01 Larry Hansen
Nov. 04 Norma Heath
Nov. 06 Kaden Krauth
Nov. 07 Garrett Haats
Hailey Holcombe
Sean Larson
Nov. 08 Nichlos Matuszeski
Nov. 09 Beth Schultz
Nov. 11 Jan Stone
Nov. 13 Daralene Smith
Nov. 14 Haley Holland
Michaela Lewis

Nov. 16 Todd Over

Nov. 17 Penny Dahlke Clare Plummer

Nov. 18 Matt Clark Alexxia Richards

Nov. 19 David Fietz Judy Johnsen

Nov. 20 Valerie Weelborg

Nov. 21 Grace Hansen Jessica Hipnar Ruth Sullivan

Nov. 15 Connie Beckman

Nov. 22 Barry Larson Nov. 23 Ken Nelson Joel Parker Nov. 24 Lauren Hansen Maximus Sizemore Nov. 26 Aaralynn Conley Char Les Kemmish Nov. 27 Gary Pleas Nov. 28 Nikki Rickard Nov. 29 **Loren Carrier** Bravden Hansen Steve Plummer Nov. 30 Helen Baker

Mike Hipnar



Nov. 02Alyssa & Desirée SnellNov. 09Mike & Emily BurnsNov. 03Nick & Amy RickardNov. 22Oscar & Deann OverNov. 05Dick & Judy BorwickNov. 23Arlen & Kathy Ellis

Nov. 07 Jeffrey & Teresa Fischer

If we've missed a birthday or anniversary, we apologize. Please let the church office know! Contact Michaela at (712) 323-9665 or office@emanuelcb.org

Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)

Sunday, November 3	9:30 a.m. Service	
Assisting Minister	Rosie Spangenberg	
Ushers	Mike & Suzanne Winter	
Acolyte	Amari Johnson	
Lector	Angel McGee	
Communion Assistants	Elaine Sasso, Rosie Spangenberg, Peggy Jarrell, Judy Heithoff	
Communion Set-Up	Deb Ebsen	
Visual Tech	Cheryl Rowe	
Sunday, November 10	9:30 a.m. Service	
Assisting Minister	Amy Garreans	
Ushers	Mike & Suzanne Winter	
Acolyte	Reegan Haats	
Lector	Elaine Sasso	
Communion Assistants	Rosie Spangenberg, Amy Garreans, Alan Ellis	
Communion Set-Up	Amy Steensland-Rickard	
Visual Tech	Peggy Jarrell	
Sunday, November 17	9:30 a.m. Service	
Assisting Minister		
Ushers	Mike & Suzanne Winter	
Acolyte	Mason Garreans	
Lector	Rosie Spangenberg	
Children's Message	Rosie Spangenberg	
Communion Assistants	Elaine Sasso	
Communion Set-Up	Pat Hiller	
Visual Tech	Darlene Jeppesen	
Sunday, November 24	9:30 a.m. Service	
Assisting Minister		
Ushers	Mike & Suzanne Winter	
Acolyte	Grace Hansen	
Lector	Greg Steensland	
Communion Assistants	Rosie Spangenberg	
Communion Set-Up	Al & Linda Martens	
Visual Tech	Elaine Sasso	



November 3

November 10 Girl Scouts

November 17 Church Council

November 24

The coffee hour sign-up chart is in the kitchen. Duties include picking up donuts, starting coffee, pouring juice and clean-up.



November 3 Judy Dillon

November 10

November 17

November 24

The flower sign-up is on the bulletin board above the usher stand.

If you are interested in helping with worship, please contact the church office, (712) 323-9665, emanuellutherancbia@msn.com or sign-up on our website at: www.emanuelcb.org

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SATURDAY	2 pm 80th Birthday Party for Darlene Reed Happy Birthday!	1 pm Lewis Baby Shower	5:30 pm Lutheran Nig at the Hub. \$10 participant, sign- in office	23 12 pm Girl Scouts	1 pm Oscar & Deann Over's 50 th Anniversary Celebration GOLDEN ANNIVERSARY
FRIDAY	Office Closed	Solution of the Chased City Wide Shooter Drill First Responders will be using the Emanuel Parking Lot	4:30 pm Volunteers for Food Pantry meet at Our Savior's	22 Office Closed	29 Office Closed
THURSDAY		7 11 am Tai Chi 1 pm Game Day	11 am Tai Chi	21 11 am Tai Chi	Thanksgiving 28 Office Closed
WEDNESDAY	9:30 am Mission Action (Quillers) 7:15 pm Band Practice	6 9:30 am Mission Action (Quilters) 7:15 pm Band Practice	9:30 am Mission Action (Quilters) 11:30 am Adult Fellowship and Pizza Ranch 6 pm Stewardship Dinner 20/20 VISION at Life Through the Lens of desis	9:30 am Mission Action (Quillers) 7:15 pm Band Practice	9:30 am Mission Action (Quilters) 7:15 pm Band Practice
TUESDAY	Office Closed 5:30 pm Girl Scouts in Community Room	5:30 pm Girl Scouts in Community Room 6 pm Teacher Group	8:30 am R.O.M.E.O.S. @ Village Inn East am Cookie Crumbs am Cookie Crumbs 5:30 pm Girl Scouts in Community Room 6:30 pm Children & Youth Committee Meeting	5:30 pm Girl Scouts in Community Room	5:30 pm Girl Scouts in Community Room
MONDAY	Office Closed 11 am Tai Chi	9 am Cookie Crumbs Holiday Sorting 11 am Tai Chi 7 pm Cookie Crumbs Holiday Packing		11 am Tai Chi 7 pm Church Council Meeting	25 11 am Tai Chi
SUNDAY	9:30 am Worship & 9:30 am Worship & 9:30 am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour 10:45 am Kidz Kamp 10:45 am Choir Practice 2 pm — 4 pm Trunk-or-Treat	9:30am Worship & Holy Communion 10:30am Fellowship & Coffee Hour 10:30 am Special Congegational Meeting 10:45 am Harmonica Practice 10:45 am Kidz Kamp 11:30 am Mental Health Awareness & Support 2 pm Cookie Crumbs Holiday Drop-Off	Joyful Noise 10 9:30am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour 10:45 am Kidz Kamp 10:45 am Choir Practice Practice Practice Ministries Meeting 11 am Confirmation	9:30am Worship & Holy Communion 10:30am Fellowship & Coffee Hour 10:45 am Kidz Kamp 10:45 am Harmonica Practice Practice 10:45 am Worship & Music Meeting 11:30 am Mental Health Awareness & Support	9:30 am Worship & 9:30 am Worship & 9:30am Worship & 9:30am Worship & Holy Communion 10:30 am Fellowship & Coffee Hour 10:45 am Choir Practice



Emanuel Evangelical Lutheran Church Council Minutes for 10/21/2019

RECORDED BY STEPHEN LEWIS

<u>Present:</u> Rosie Spangenberg, Elaine Sasso, Connie Solon, Judi Malloy, Pastor Stephany Sanborn, Nick Rickard, Amy Garreans, Stephen Lewis, Alan Ellis, John Spilde, Joel Hauschild

Absent: Peggy Jarrell, Megan Sorensen

The meeting was called to order at by President Rosie Spangenberg at 7:00pm

New business: Thanksgiving casseroles, Mental Health Ministry update and church safety.

Devotions: Stephen Lewis

Getting Acquainted Exercise: NA

Council Agenda:

- Alan Ellis made a motion to accept the September secretary minutes. 2nd by Judi Malloy. Motion passed.
- John Spilde made a motion to accept the special council meeting minutes. 2nd by Joel Hauschild. Motion passed.
- Elaine Sasso made a motion to accept the consolidated report. 2nd by Nick Rickard. Motion passed.
- Judi Malloy made a motion to accept the treasurers report. 2nd by Alan Ellis. Motion passed.
- Connie Solon made a motion to accept the capital fund report. 2nd by Elaine Sasso. Motion passed.
- Alan Ellis made a motion to accept the memorial fund report. 2nd by Connie Solon. Motion passed.
- Connie Solon presented the Stewardship and Finance report.
- Theme: 20/20 vision: Looking at life through Jesus's eyes.
- November 13th- Stewardship dinner
- November 17th- Pledge Sunday
- December 8th- Committee budgets due
- Stephen Lewis presented the Children and Youth report.
- Alan Ellis presented the Property Committee report.
- Alan Ellis made a motion that Michaela obtain faster internet for the church as well as the parsonage. This would include bundling the phone as well. 2nd by Elaine Sasso. Motion passed.
- It was noted that the approval for the Ring doorbell was not needed as the amount was less than \$2500.

- Alan Ellis presented the plans for the new handicap ramp in the parking lot.
- Connie Solon presented the Wider Ministries report.
- Items are need to fill 25 Thanksgiving baskets.
 We will fill these on November 20th.
- Angel Tree party its TBD.
- November 17th will be the temple talk to provide the green bean casseroles for Community of Christ.
- Stephen Lewis gave an update on the Mental Health Ministry. A grant in the amount of \$2000 was received from the ELCA.
- Rosie presented the Worship and Music report.
- There will be no Thanksgiving Eve service this year.
- Alan Ellis presented the Faith Team report.
- The cross path is almost finished.
- November 3rd will be the Special Congregational meeting to vote on extending the call to Pastor Cara.
- A quorum of 40 is needed to hold the vote.
- 2/3 majority is needed for the vote to pass.
- Megan Sorensen has been updating personnel policies using Smart Church Management.
- The Synod has been encouraging congregations to update/review their constitutions.
- Amy Garreans and Nick Rickard to lead this project.
- Amy Garreans is working on covering Michaela Lewis's duties as she is out on maternity leave.
- Stephen Lewis to look into forming a Church Safety Team to enhance our security.
- Rosie Spangenberg wanted to remind all committees that they are to have their year end reports into Michaela by December.
- The council recognized Pastor Stephany for Pastor Appreciation Month.
- Next council meeting is November 18th.
- Devotions: Peggy Jarrell.
- Nick Rickard made a motion to adjourn the council meeting. 2nd by Judi Malloy. Motion passed.
- Rosie Spangenberg adjourned the meeting at 9:19pm

Lawn Mowing Team

Nov. 3 Terry Eyberg

Nov. 10 Ken Kemmish

Thanks for volunteering to mow the church lawn. With ten mowers, we have a nice rotation where we are not mowing all the time. We ask that you mow the lawn sometime during your scheduled week, preferably by Thursday. If you have a conflict, just trade dates with someone on the list.



Mowing consists of the church lawn and the parsonage lawn. If you use all the gas in the container, please fill up the container and turn the bill into the church. Keys for the mower and the garage are in the secretary's office which is open from 9 a.m.-1:30 p.m. on Mondays

and 9 a.m. to 3 p.m. Tuesday through Thursday, closed Friday. Any questions, problems, or suggestions, call Larry at 323-7379.

Emanuel Golf Outing Results

By MIKE Loos

1st Place: The Hansen Team: Larry, Tyler & Dave.

Runner Up: The Winter Team: Mike, Zach, Nolan & John.

A total of 17 golfers participated and the weather cooperated—sunny and 65°. All enjoyed the fellowship.

Childcare Loan is paid off

BY RICK STONE

Emanuel's loan for the Childcare Center has been fully paid off. This loan amounted to about \$39,000, a major part being architecture fees. Amy Garreans was able to confirm the use of two grants Emanuel obtained for the original project to pay off the loan amounting to approximately \$33,000. The remaining balance of \$6,887 was paid off by donors who agreed to use part of their original donation to pay off the loan. Many of those donors elected to use the balance of their donations for restricted future capital projects at Emanuel. This capital project account is funded at approximately \$32,000 today.

A letter recently was sent to each contributor detailing the amount of their donation that was used to pay off the loan as well as the portion that was placed in restricted future capital projects at Emanuel.

We are grateful for the generosity of members who used part of their donation to pay off this obligation and Amy's efforts that let us use the Childcare grants received early in the project in payment of the loan as well.

National Adoption Month

November is National Adoption Month, a time to honor families who have opened their hearts and homes to children in need. For LSI, it is a time to celebrate the families we support through Foster Care and Adoption, and to raise awareness for the hundreds of lowa children in need of a safe, loving home.



In 30 counties across western Iowa, LSI Foster Care and Adoption recruits, licenses, and supports foster and adoptive families to ensure every Iowa child grows up in a safe, stable environment.

But more work needs to be done. According to the most recent federal data, more than 100,000 children in the U.S. are waiting to be adopted from foster care, and thousands of teens age out of foster care every year without a permanent family. To learn more about supporting lowa children in foster care, visit LSlowa.org/Foster, or contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSlowa.org or 563.676.2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and Facebook.com/LSI.iowa.

Ramblings from the Back Corner

By CINDY RICHARDS

When I was young my musical influence was my Dad. He always had classical music playing on the stereo. Three particular records, (the original vinyl), had theme snippets from nearly 100 famous classical works. He and I would see who could name the piece and the composer first. We both got very fast- and accurate. At least that's how I remember it.

So I suppose this is where my love of classical music started. Later in junior and senior high school, when "pop" music started appearing in my life, I clung to those classics. How could girls scream and faint over the Beatles when Beethoven's themes and developments were light years ahead of where these boys were? (Perhaps I was missing something). I had a bias toward the classics. I even thought I was smarter than my peers because I was more educated in music, had experienced more "cultured" music than them.

I realized, far too late, that my bias towards the classics had left a massive void in my musical experience. Over the years, as my piano students have exposed me to more genres and I've opened my mind up to listen more, my appreciation for what the music

world offers has grown. Once I realized I was a music snob, I've been able to see the value in different music styles that I'd closed myself off from. This musical bias-and self-assuredness- deprived me for so long of a richer, fuller life. Education was a valuable start, however,

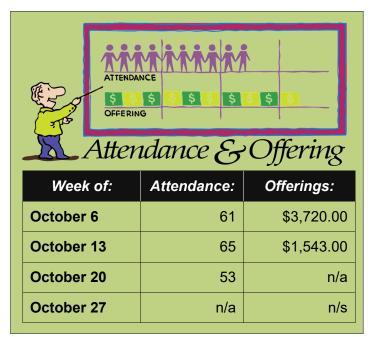
openness to learn was much more vital.

And it makes me wonder, what other biases in my life have kept me from experiencing a fuller life? Has God been putting things right in front of my face but I'm too self-assured to try them? Too bull headed to admit that perhaps, just maybe, if I'd give it a chance-there is more beauty and fulfillment in life? Had the walls of over confidence and bias kept out the very things God had intended for me? Hmmmm.

In life today, at home, in church, in the community, and in our society, bias towards a certain gender, race, age, or sexual orientation, prohibits us from experiencing the full life God has intended for us. Music always says it best for me.

"Change My Heart, O God; make it ever true. Change my heart, O God; may I be like you."





Finance Team Update Income & Expenses Monthly and YTD

September Income:	\$9,565.34
September Expense:	
September Balance	

YTD Income:	\$124,483.13
YTD Expense:	\$116,257.79
YTD Balance	\$8,225.34
Plus Carryover	\$9,272.00
General Budget Fund	\$17,497.34



Emanuel Lutheran Church

2444 North Broadway Council Bluffs, IA 51503-0499

RETURN SERVICE REQUESTED

Game Day

Thursday, November 7th 1 p.m.

Emanuel Community Room

R.O.M.E.O.'S

(Retired Old Men Eating Out) Tuesday, November 12th 8:30 am *Village Inn East*

Adult Fellowship

Wednesday, November 13th
11:30 am
Pizza Ranch

Mission Action Committee

(Quilters)
Wednesdays
9:30 am
Community Room

Mission Statement: Forgiven by Grace, Serving by Faith Vision Statement: To Grow in Faith, Love, and Spirit

Contact (\s

Emanuel Lutheran Church 2444 N. Broadway Council Bluffs, IA 51503-0499 (712) 323-9665 Emergence

(712) 323-9665 Emergencies: (712) 796-7887

office@emanuelcb.org

Like us on facebook: facebook.com/emanuellutherancbia

Visit us on the web at: www.emanuelcb.org

Worship Services:

Sunday at 9:30 am, followed by fellowship and coffee hour in the community room

Staff:

Supply Pastor, Stephany Sanborn
Director of Music Ministries, Cindy Richards (music@emanuelcb.org)
Parish Assistant, Michaela Lewis (office@emanuelcb.org)
Kidz Kamp/Activities, Stephen Lewis (youth@emanuelcb.org)
Financial Secretary, Darlene Reed