

# Garden of Reading!

Emanuel Lutheran Church Newsletter

October 2023

## Happenings at Emanuel!

**Sunday, October 1**—Golf Outing

**Wednesday, October 4**—Bell Practice Begins

**Saturday, October 07**—Craft Inn

**Sunday, October 08**—Joyful Noise Offering

**Tuesday, October 10**—ROMEO's (and Friends) Meet

**Sunday, October 15**—Heritage Brunch

**Monday, October 16**—Church Council Meeting

**Wednesday, October 18**—Newsletter Articles Due

**Sunday, October 22**—Blessing of Quilts, Blood Pressure Checks during coffee hour, 2023 Confirmands work on stoles

**Saturday, October 28**—Emanuel Trick-or-Treating

**Sunday, October 29**—Reformation Sunday

Mission  
Statement:  
*Forgiven  
by Grace,  
Serving by  
Faith*

Vision  
Statement:  
*To Grow in  
Faith, Love,  
and Spirit*

*Tai Chi each **Monday** and **Thursday** morning at 10 a.m. in the upstairs Youth Center  
Bible Study each **Thursday** at 9:30 a.m. in the upstairs conference room*



Linda Steensland presents a Habitat for Humanity family with quilts made by Linda Martens. The family was very appreciative of this generous gift to help welcome them to their new home. Habitat for Humanity Council Bluffs will be completing two more homes in the next two months. If you would like to help these families get settled, please bring to church paper products or whatever you would like as a housewarming gift for them. A box will be placed in the narthex.

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# A Post from the Pastor

BY PASTOR CARA KNUTSON



All the leaves are brown, and the sky is gray. While walking through a September day, my mind turns to the changing of the seasons. For every time there is a season. For some of us this is a time for letting go, and a time to mourn. To you I say, we're here for you, I'm here for you. We're praying and holding you in our hearts with much love.

For others this is a time of celebration, of fresh starts and new beginnings. To you I say I'm so happy and delight in the freedom and autonomy you've been able to find. And we celebrate with you, and are proud of you.

Derek and other school kids are settling into school, and this parent is happy to have the structure and routine of school which helps give home life a bit more shape and consistency.

It's a season of allergies, cold and flu—no fun at all. This year I'm hoping to stave off long periods of illness: I've got my neti pot, Flonase, Zyrtec, and an occasional anti-histamine. I'm hitting it with everything I've got to stay at least healthier this season. Stay well kids—eat your oranges, get enough sleep and drink lots of water! No kidding plentiful sleep and keeping well hydrated help with so many health ailments from managing stress, to aiding in weight loss, to allergies.

As I look to my upcoming anniversary with Emanuel—Dec. 1 will mark four years of ministry with all of you I find my work with you fulfilling and rewarding and I'm learning so much every day. Thank you for your patience with me as I learn all those things they don't get around to in seminary. I've always said that seminary is like a sampler platter—just enough to get you through your first year of ministry. After that experience becomes your teacher.

I look forward to celebrating the Rite of Confirmation with Mason, Grace, Gabe and Alex and continuing on our great beginning with Tayah, Grant, Garrett, Lucas, and Cole. One of my favorite parts of ministry has been working with our youth, getting to know them and growing in relationship. There's nothing better than a kid running up to you with a bright hello and a warm hug.

May our next season of life together be filled with all the blessings God has to offer. May we support one another in love, sharing our burdens and rejoicing together at our celebrations. God is good all the time. All the time God is good.

See you in church!

*Pastor Cara*



We extend our deepest sympathy to the family of Rita Epperson who passed away September 14.

Rita has been a member of Emanuel for 39 years and also attended services St. John Lutheran Church. Please keep Kevin, Brett, Heath, Ryan and Amy in your thoughts and prayers.

### FROM THE FAMILY OF RITA S. EPPERSON:

Thank you to our friends and family at Emanuel Lutheran Church for your kindness, prayers and support over the past 16 months. Thank you for your generous gifts of food and donations, and your kind words. Also, thank you to the members of Emanuel who supported Rita at the Spirit of Courage gala. Finally, thank you Pastor Cara for supporting our family. You are all, truly, a blessing.



**Do We Have Your Current Address?**

**Just a reminder to keep us updated if your address, phone or email changes. Also, if we don't have your birthday or anniversary on file, please let us know!**

**You can contact the office at: (712) 323-9665 or [office@emanuelcb.org](mailto:office@emanuelcb.org).**

# Bethany Lutheran Trick or Treating



## Candy Donations!

We will be passing out candy to Trick-or-Treaters on Monday, October 30<sup>th</sup> from 6:00-7:00 PM. We are opening the doors for families of staff and residents. We'd love to see your little goblins and ghosts.

If you would like to donate candy, we would greatly appreciate it!

There will be an orange bucket by the mailboxes for candy donations. You can also leave it at the front desk or give to staff. We can also accept monetary donations for candy and will do the shopping for you!

*Thank you!!*

# Halloween Festivities!

Our annual trick or treating event will be Saturday, October 28<sup>th</sup> from 12:30 p.m. – 2 p.m. We will host it inside due to the safety concerns and traffic issues we have had when outside, however, we would like to put up decorations outside to draw attention! If you have decorations you would like to lend for a few hours that day, we would greatly appreciate it! We have had over 800 responses from our event on Facebook, so we would like as many people to help as possible. We will have some items to hand out thanks to a grant from Thrivent submitted by Megan and Chris Sorensen.












# Upgrades at Emanuel

There has been a lot of activity at Emanuel in the last month. A family, gender neutral, ADA accessible restroom is being added, along with a remodel of the existing restrooms. Due to the construction, Sunday School is being held upstairs until we have access to the classrooms again.

We are also limited on our bathroom space for the time being. We currently have one restroom with two stalls available on the main floor and one private bathroom upstairs.



*This Month's*  
**ACTIVITIES**  
At Emanuel Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 am—10:30 am Worship with Holy Communion & Sunday School 10:30 am Coffee Hour 6 pm Society for Creative Anachronism	<b>2</b> 10 am Tai Chi	<b>3</b> 5:30 pm Girl Scouts in Community Room	<b>4</b> 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 7 pm Bell Choir Practice in Worship Center	<b>5</b> 9:30 am Adult Bible Study @ Village Inn East 10 am Tai Chi	<b>6</b>	<b>7</b> 10 am Craft Inn 
<b>8 Joyful Noise</b> 9:30 am—10:30 am Worship with Holy Communion & Sunday School 10:30 am Coffee Hour 	<b>9</b> Office Closed 10 am Tai Chi	<b>10</b> 8:30 am ROMEO's (& Friends) meet @ Village Inn East 5:30 pm Girl Scouts in Community Room 6 pm Society for Creative Anachronism	<b>11</b> 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 7 pm Bell Choir Practice in Worship Center	<b>12</b> 9:30 am Adult Bible Study in Conference Room 10 am Tai Chi	<b>13</b>	<b>14</b>
<b>15</b> 9:30 am—10:30 am Worship with Holy Communion & Sunday School 10:30 am Coffee Hour with Heritage Brunch 6 pm Society for Creative Anachronism	<b>16</b> 10 am Tai Chi 7 pm Church Council Meeting 	<b>17</b> 5:30 pm Girl Scouts in Community Room	<b>18</b> 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 7 pm Bell Choir Practice in Worship Center	<b>19</b> 9:30 am Adult Bible Study in Conference Room 10 am Tai Chi 	<b>20</b>	<b>21</b>
<b>22</b> 9:30 am—10:30 am Worship with Holy Communion & Sunday School 10:30 am Coffee Hour & Blood Pressure Checks with Crystal 11:30 am Students being confirmed in Nov. work on stoles  	<b>23</b> 10 am Tai Chi	<b>24</b> 5:30 pm Girl Scouts in Community Room 6 pm Society for Creative Anachronism	<b>25</b> 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 7 pm Bell Choir Practice in Worship Center	<b>26</b> 9:30 am Adult Bible Study in Conference Room 10 am Tai Chi	<b>27</b>	<b>28</b> 11 am Cindy's Fall Piano Party (upstairs) 12:30 pm—2 p.m. Trick-or-Treating in Community Room 
<b>29</b> 9:30 am—10:30 am Worship with Holy Communion & Sunday School 10:30 am Coffee REFORMATION Hour -Sunday- 6 pm Society for Creative Anachronism 	<b>30</b> 10 am Tai Chi 6 pm Ale & the Almighty at Glory Days	<b>31</b> 5:30 pm Girl Scouts in Community Room	<b>1</b> 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Bobbin Chasers (Community Sewing Group) in community room 7 pm Bell Choir Practice in Worship Center	<b>2</b> 9:30 am Adult Bible Study @ Village Inn East 10 am Tai Chi	<b>3</b>	<b>4</b> 10 am Craft Inn 

# Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)

<b>Sunday, October 1</b>	<b>9:30 a.m. Service</b>
Ushers	Dan & Judy Heithoff
Acolyte	Mason Lewis
Lector	
Altar Guild	
Communion Assistants	Mason Lewis & Leah Clark
Visual Tech	Peggy Jarrell
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
<b>Sunday, October 08</b>	<b>9:30 a.m. Service</b>
Ushers	Dan & Judy Heithoff
Acolyte	Lucas & Cole Holcombe
Lector	
Altar Guild	
Communion Assistants	Lucas & Cole Holcombe
Visual Tech	
Sound Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	
<b>Sunday, October 15</b>	<b>9:30 a.m. Service</b>
Ushers	Dan & Judy Heithoff
Acolyte	Grant & Garrett Ashcraft
Lector	
Altar Guild	
Communion Assistants	Grant & Garrett Ashcraft
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	Heritage Brunch hosted by Wider Ministries
<b>Sunday, October 22</b>	<b>9:30 a.m. Service</b>
Ushers	Dan & Judy Heithoff
Acolyte	Grace & Tayah Nixt
Lector	
Altar Guild	
Communion Assistants	Grace & Tayah Nixt
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	
<b>Sunday, October 29</b>	<b>9:30 a.m. Service</b>
Ushers	Dan & Judy Heithoff
Acolyte	Grant & Garrett Ashcraft
Lector	
Altar Guild	
Communion Assistants	Grant & Garrett Ashcraft
Visual Tech	
Sound Tech	Mike Hipnar
LiveStream Tech	Michaela Lewis
Coffee Hour	



Oct 1	Ken Kemmish
Oct 8	Al Marten
Oct 15	Mike Winter
Oct 22	Chris Sorensen
Oct 29	Alan Ellis

Thanks for volunteering to mow the church lawn. With eight mowers, we have a nice rotation where we are not mowing all the time. We ask that you mow the lawn **sometime** during your scheduled week, preferably by Thursday. If you have a conflict, just trade dates with someone on the list. Mowing consists of the church lawn and the parsonage lawn. **If you use all the gas in the container, please fill up the container and turn the bill into the church. Keys for the mower and the garage are in the secretary's office. Any questions, problems, or suggestions, call Mark Ellis at 402-699-1472.**

*We need YOUR help!*

*We would love to have you help with worship! Please contact the church office at (712) 323-9665, [office@emanuelcb.org](mailto:office@emanuelcb.org) or sign-up on our website at: [www.emanuelcb.org](http://www.emanuelcb.org)*

**YOU CAN MAKE A DIFFERENCE!**  
*Volunteer on Sundays*



**THIS MONTH'S**  
**birthdays**

Oct. 01  
**Jessica Gearhart**  
**Ron Smith**

Oct. 09  
**Lacey Fischer**  
**Nicole Fischer**

Oct. 23  
**Emma Wilson**

Oct. 02  
**Tyler Hansen**

Oct. 10  
**Jesse Hansen**

Oct. 25  
**Hannah Goldapp**  
**John Spilde**

Oct. 04  
**Nick Rickard**  
**Jeanine Schademann**  
**Norma Stairs**

Oct. 15  
**Alyssa Snell**

Oct. 28  
**Darlene Reed**

Oct. 06  
**Kyle Sorensen**

Oct. 19  
**Grace Nixt**

Oct. 31  
**Judith Loos**  
**Danielle Schaal**

Oct. 22  
**Cynthia Richards**



**THIS MONTH'S**  
**anniversaries**

Oct. 06  
**Larry & Andrea Britton**

Oct. 17  
**Jerry & Debra Ebsen**

Oct. 07  
**Adam & Autumn Tanner**

Oct. 20  
**Ian & Rachel Spangenberg**

Oct. 14  
**Duane & Shirley Schuchard**

Oct. 27  
**Keven & Deborah Ferguson**

If we've missed a birthday or anniversary, we apologize. Please let the church office know!  
 Contact Michaela at (712) 323-9665 or [office@emanuelcb.org](mailto:office@emanuelcb.org)

# October Food Drive

During the month of October we will be collecting items in the entryway for Our Savior's Food & Pet Food Pantry. We invite you to bring in canned or boxed goods (non-expired). We will keep a tally of what is collected each week. Our Savior's Food Pantry is open to any resident of Pottawattamie County, regardless of income.

Emanuel has had a long history of partnering with the pantry. For many years, we have collected items on a shelf in the community room and they have been taken to Our Savior's when the shelves start getting a little crowded. We have also had many members help with stocking or unloading trucks, answering their phone for appointments and help distribute items. They always welcome help, so if you have some spare time and would like to help them in their mission, contact Josh at [foodpantry@oursaviorscb.org](mailto:foodpantry@oursaviorscb.org).

In the past they have also had special events to giveaway flea and tick prevention products for pets as well as a diaper giveaway.

Below is a calendar of not only the Our Savior's Pantry, but also others that they partner with, as well as their mobile food pantry. In 2019 Our Savior's formed "Story Street Pantry, along with Our Saviors Lutheran Food and Pet Food Pantry (Council Bluffs), the Carter Lake United Methodist Church (Carter Lake), Riverside Food Pantry (Oakland), and the San Andres Lutheran Food Pantry (Omaha). Story Street Pantry is a nonprofit 501(c)(3) organization which was created to unify the efforts of the pantries involve and to develop new partnerships and programs to reach underserved populations and fulfill our shared mission to offer healthy, nutritious food at no cost to people in need, while always treating clients with the highest level of dignity and respect.



Left: Mason Lewis & Ellie Weesner help with a delivery of fresh produce at the pantry in 2015.

Right: Mason Lewis spent about 30 hours this past summer unloading the food truck on Wednesday mornings at the pantry.






  
[www.storystreetpantry.org](http://www.storystreetpantry.org)



Chris Reed, Judi Malloy, Judy Heithoff and Sandy Kanger working at the pantry in 2021.



In 2015 our confirmation students took up a collection, shopped for items at Fareway and delivered them to the pantry. Many of these young people (now all young adults) also volunteered at the pantry as well.



In 2020, Stephen Lewis did an episode of the Sunday School Show on helping others and interviewed Josh Weesner and gave a virtual tour of the pantry to viewers. This was episode eight if you would like to view it on Facebook or YouTube. Since then the pantry has had remodeling done, along with new industrial refrigerators and freezers and it has expanded quite a bit.

<p>All Care Health Center Mobile Pantry 902 S 6th St Council Bluffs</p> <p><b>4th Monday</b></p>	<p>Carter Lake Elementary Mobile Pantry 1000 Willow Dr Carter Lake</p> <p><b>3rd Friday</b></p>	<p>Carter Lake United Methodist Church Mobile Pantry 3025 Mabrey Ln Carter Lake</p> <p><b>1st Saturday</b></p>	<p>Edison Elementary Mobile Pantry 2218 3rd Ave Council Bluffs</p> <p><b>1st Thursday</b></p>	<p>Friendship Pantry Mobile Pantry 2600 Ave A Council Bluffs</p> <p><b>2nd Saturday</b></p>	<p>Malmore Acres Park Mobile Pantry 3600 Scott Dr Council Bluffs</p> <p><b>4th Thursday</b></p>	<p>New Visions Mobile Pantry 1435 N 15th St Council Bluffs</p> <p><b>3rd Thursday</b></p>
<p>Our Savior's Lutheran Food Pantry 313 Story Street, CB Thur Call 9:30a-11:00a 4th Fri call 4:00p-5:00p Closed 5th Thursday 712-522-3522</p> <p><b>Saturdays</b></p>	<p>Riverside Pantry 603 Pioneer Ave Oakland, Iowa 712-482-6240</p> <p><b>Saturdays</b></p>	<p>Rue Elementary 3326 6th Ave Council Bluffs</p> <p><b>2nd Wednesday</b></p>	<p>San Andres Lutheran Food Pantry 4440 S 25th St, Omaha 402-884-1799</p> <p><b>Thursdays</b></p>	<p>St. Paul Lutheran Mobile Pantry 201 N 2nd St Missouri Valley</p> <p><b>1st Wednesday</b></p>	<p>T.J. High School Mobile Pantry 2501 W Broadway Council Bluffs</p> <p><b>LAST Tuesday</b></p>	<p>Woodbury Pines Apt Mobile Pantry 532 Woodbury Ave Council Bluffs</p> <p><b>2nd Tuesday</b></p>



Members Present: Greg Steensland, Mike Winter, Mike Hipnar, Richard Reed, Char Les Kemmish, Matt Perrone, Connie Edson and Mike Loos

Members Absent: Pastor Cara Knutson and Brittney Smith

The meeting was called to order at 7:00 p.m. by President Greg Steensland

Devotions: Greg Steensland

Council Agenda:

- Motion by Richard Reed, seconded by Connie Edson to approve the council minutes for July 2023. Approved.
- Motion by Matt Perrone, seconded by Richard Reed to approve the council minutes for August 2023. Approved.
- Motion by Mike Hipnar, seconded by Richard Reed to approve the Treasurer's report. Approved.
- Motion by Richard Reed, seconded by Charles Kemmish to approve the Consolidated Fund report. Approved.
- Motion by Mike Winter, seconded by Mike Hipnar to approve the Capitol and Building Fund report. Approved.
- Motion by Char Les Kemmish, seconded by Connie Edson to approve the Memorial Fund report. Approved.
- It was reported by Richard Reed that the cost of insurance for Emanuel in the next year will go up by 30%. It is anticipated that the General Fund will be approximately \$30,000 short of disbursements for the year. It was also reported that we currently have \$719,489.54 in certificates of deposit.

- Motion by Mike Hipnar, seconded by Mike Loos to authorize pastor vacation for Sunday, October 1 and Monday October 23 through October 25 and Monday October 30 to October 31. Approved.
- Motion by Matt Perrone, seconded by Richard Reed to authorize the Society for Creative Anachronism to use the church facilities every other Sunday from October through May from 6-9 p.m. upon payment of \$100 per month and every other Tuesday from October through May upon payment of \$100 per month for total payments of \$1,200. Approved.
- Motion by Mike Loos, seconded by Mike Winter to approve the Children's and Youth report. Approved.
- Mike Hipnar reported that 11 banquet tables were purchased at a total cost of \$860 using funds raised by the garage sale.
- Char Les Kemmish gave a report from the Property Committee that the new furnace has been installed along with the air conditioner at a cost of \$13,245. The roof has been completed by Bates Roofing at a total cost as per their bid of \$24,757.60. The water leak in the parsonage has been repaired at a cost of \$288.
- Motion by Mike Winter, seconded by Richard Reed to form a Safety and Security Committee with Matt Solon to chair the committee. Approved.
- Mike Loos reported that the annual golf outing will be on October 1 at 1 p.m. as a 9 hole event.
- Char Les Kemmish will do the devotions for the October 16 meeting.
- Motion by Mike Loos, seconded by Connie Edson to adjourn at 7:57 p.m. Approved.

Note: Next meeting will be October 16, 2023 at 7 p.m.

## Emanuel Apparel Orders

We plan on placing an order for new "God's Work, Our Hands" Apparel within the next week. They will say "Emanuel Lutheran Church" on the back, in addition to the design in the photos. Order forms are available in the community room! In addition to t-shirts, there is also an option for long sleeves, sweatshirts and hoodies. These are often worn for volunteer opportunities and events.





# Leave a Legacy Gift

LSI has responded to the love of Jesus Christ through compassionate service for over 150 years. During this time, we've created a legacy of lifting up and empowering thousands of our Iowa neighbors, thanks to the generosity of donors like you.

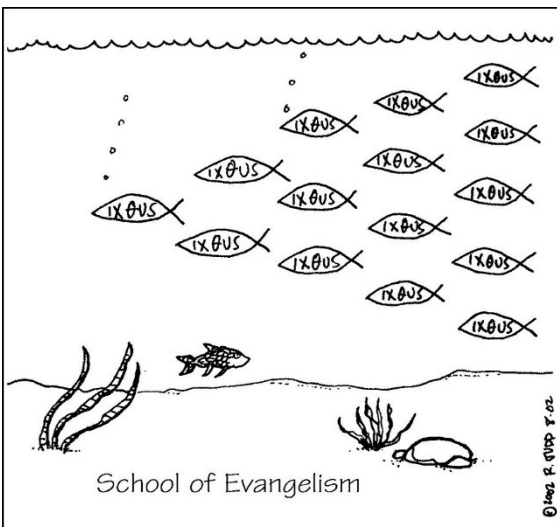


You can celebrate your lifetime through a legacy gift, to ensure LSI can continue to provide lifesaving services for those in need. Many of our faithful donors want their gifts to continue after their lifetime, and have elected to leave a legacy through LSI's foundation or the ELCA foundation.

Planned gifts to LSI help to create a firm foundation for our ministry and contribute more than \$400,000 each year.

Thanks to the generous compassion of individual donors, congregations such as yours, and our ministry partners at the three synods of the ELCA, we can be confident LSI will be here to meet the changing needs of Iowans for years to come.

*Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at [LSIowa.org](http://LSIowa.org) and [facebook.com/LSI.Iowa](https://facebook.com/LSI.Iowa).*



The Western Iowa Synod is hosting a trip for those interested in visiting historic sites that were at the center of the civil rights movement. Please see the graphic below or visit the synod website for more information.

- WE WILL VISIT:
- SLAVE HAVEN UNDERGROUND RAILROAD
  - NATIONAL CIVIL RIGHTS MUSEUM AND LORRAINE MOTEL
  - CIVIL RIGHTS INSTITUTE MUSEUM AND MEMORIAL
  - WORSHIP AT SIXTEENTH STREET BAPTIST CHURCH
  - WHITEHALL INTERPRETIVE CENTER
  - PETTUS BRIDGE
  - FREEDOM RIDERS MUSEUM
  - NATIONAL VOTING RIGHTS MUSEUM AND INSTITUTE
  - NATIONAL MUSEUM OF AFRICAN AMERICAN MUSIC



To register or for more information, contact:  
 Kay Broich at 712-732-4968 + [kay.broich@wisynod.org](mailto:kay.broich@wisynod.org)

Western Iowa Synod  
 Evangelical Lutheran Church in America

All Are Welcome.  
 Every gender, every race, all are covered by God's grace.

**Savoring Our Heritage**  
 October 15

Please join us for coffee hour as we celebrate the different heritages by bringing a dish /food item from your own heritage to share. You might also bring a memento or item to display along with your food.  
 Hosted by Wider Ministries.

## Hand Bell Helpers!

We need some volunteers who are willing to give up an hour on Wednesday nights for the next few months to practice some songs with the hand bells.

Although they all look the same, each bell plays a different note. When we have a full group of people to play, each person will play one bell, or possibly two.

ALL AGES can participate and no prior experience is necessary. You just need to be able to be here each Wednesday in October and November to practice. Contact Cindy at [mucic@emanuelcb.org](mailto:mucic@emanuelcb.org) for details.



## Pastor Appreciation

BY MICHAELA LEWIS

Pastor Appreciation Month was created in 1992 to highlight the clergy's role in the Church and give thanks for their work. It is celebrated across many different Every year, the month of October is observed as the Pastor's Appreciation Month.

Cara started at Emanuel in December of 2019. With this being her first call, I can only imagine her excitement and possibly some nervousness with this new venture. COVID wrecked havoc on the world a few months after she arrived. What a rough "welcome."



Cara, Maja and Derek at Cara's installation Sunday, February 16, 2020.

Under Cara's leadership we were able to adapt. It has been a little bumpy with all the obstacles in the last few years, but we are getting there!

For the most part, Clergy are on call 24/7. Emergencies don't happen on a schedule. Juggling this and family life can be challenging at times and we want to make sure she knows how much she is appreciated at Emanuel.

On October 8<sup>th</sup> we will celebrate with cake during coffee hour. There will also be a basket to put cards in and notecards out that you can write a message of appreciation on. Feel free to make a post on Facebook or other social media site showing your appreciation and tag Pastor Cara and Emanuel!

**BETHANY**  
Lutheran Health Services

**OPEN HOUSE**

AN EVENING OF ACOUSTIC MUSIC BY  
**ERIC HAITZ & RISTY BRYCE**

Thursday, October 19th | 5-7pm  
At BETHANY HEIGHTS  
11 Elliott St, Council Bluffs, IA 51503

S-mores and appetizers will be provided

Tours will also be available!  
<https://www.blhs.care/assisted-living/>



Deloris Christensen	Owen Hansen	Sharon Hansen	Norma Heath	Norma Mass
Jane Meyer	Cece Mickells	Norma Mass	Jane Meyer	Jim O'Neill
Julie Powell	Tommy Schott	Ruth Sullivan		

## Coffee Hour & More!

According to Garrison Keillor, "Lutherans drink coffee as if it were the Third Sacrament." However, over the past few years we have branched out a bit and offered more than just coffee and donuts during "coffee hour." as the weather begins to change, you will notice we have some new options at coffee hour. We are trying to make sure that we have items to accommodate all dietary and health restrictions. Below are some of the items we try to keep stocked on a regular basis. If you have any suggestions, please let us know!

### For our coffee drinkers:

- Flavored Syrups (regular & sugar free)
- Non-dairy creamer
- Half & Half
- Sugar
- Sweet & Low

### On Table:

- Hot water
- Packets of Hot Chocolate
- Apple Cider
- Oatmeal
- Trail Mix
- Fruit Strips

### In Mini Fridge

- Assorted juices
- Cold Brew Coffee
- Yogurt
- Greek Yogurt
- Cheese
- Fruit


Also, we normally use paper/cardboard cups and bowls since they are more environmentally friendly. However, we do have several Styrofoam products that we may use from time to time, as they have been in storage and we are trying to use up what we have before purchasing more.




## Tee Time!

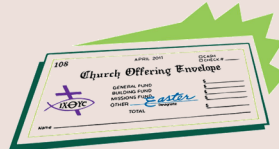
**Sunday, October 1**  
**1 p.m.**  
**Quail Run Golf Course**  
**29512 285<sup>th</sup> St, Neola, IA**  
**All are invited to join us!**

**There is a sign-up sheet in the community room. Please contact Mike Loos if you have any questions.**



## ATTENDANCE & OFFERINGS





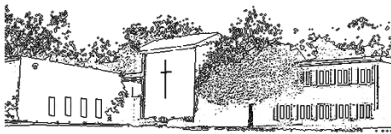
Week of:	In-Person Attendance:	Online Views:	Total Attendance:	Offerings:
<b>September 03</b>	44	48	92	\$4,041.00
<b>September 10</b>	47	35	82	\$2,016.69
<b>September 17</b>	63	26	89	\$1,434.00
<b>September 24</b>	58	47	105	\$896.00

## Finance Team Update

### Income & Expenses Monthly and YTD

August Income: ..... \$7,191.00  
 August Expense: ..... \$14,746.72  
 August Balance ..... -\$7,555.72

YTD Income: ..... \$111,915.47  
 YTD Expense: ..... -\$120,242.76  
 YTD Balance ..... -\$8,327.29  
 Plus Carryover ..... \$3,245.82  
 General Budget Fund ..... -\$5,081.47



**Emanuel Lutheran Church**  
2444 North Broadway  
Council Bluffs, IA 51503-0499

**RETURN SERVICE REQUESTED**



**Mission Statement: Forgiven by Grace, Serving by Faith**  
**Vision Statement: To Grow in Faith, Love, and Spirit**

*Contact Us*

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Council Bluffs, IA 51503-0499  
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Like us on facebook: facebook.com/emanuellutherancbia  
Visit us on the web at: www.emanuelcb.org  
Follow us on Twitter at: <https://twitter.com/Lutheranla>

*Office Hours: Monday 9 a.m.—1 p.m.,  
Tuesday –Friday 9 a.m.—3 p.m.*

*Worship Services:*

Sunday at 9:30 a.m. in the worship center followed by coffee hour in the community room. Services are streamed live on YouTube, Facebook & Twitter

*Children's Ministry:*

Children will be dismissed to Sunday School after the Gospel reading during the Sunday worship service (September—May)

*Staff:*

Pastor Cara Knutson ([pastor@emanuelcb.org](mailto:pastor@emanuelcb.org))  
Director of Music Ministries, Cindy Richards ([music@emanuelcb.org](mailto:music@emanuelcb.org))  
Parish Assistant, Michaela Lewis ([office@emanuelcb.org](mailto:office@emanuelcb.org))  
Children & Youth Programming, Stephen Lewis ([youth@emanuelcb.org](mailto:youth@emanuelcb.org))  
Financial Secretary, Darlene Reed